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The Snyder Scoop January 2020

Resolutions for Happiness

When thinking of the fresh start of the New Year, why not make a resolution to be happy? The below resolutions can start you on the road to happiness and help change your perspective for the better.

1. Seek Reconciliation – A strained or damaged relationship can be like a weight on your shoulders. Having an open and honest conversation with those involved can begin the healing process. Seek forgiveness and offer an apology if it's needed.

2. Do Random Acts of Kindness – Holding open a door for someone or paying for someone's drink at the coffee shop are examples of small acts of kindness that you can do to really brighten someone's day – and your own.

3. Enjoy the Little Things – Take notice of the little blessings happening around you each day.

4. Be Patient – Life is full of ups and downs. Always remain hopeful and persevere while you're traveling through a rough patch.

5. Be Humble – It's okay to be wrong about something, and it's okay to admit that to others. People respond well to humility because it shows that you respect their ideas and opinions, and you'll become more likeable as a result.

6. Smile More – A simple smile can help fight negativity and can influence those around you. Smiling is contagious!

7. Have a Sense of Humor – The ability to laugh at yourself keeps you grounded and has been shown to reduce stress. Plus, laughing is fun!

8. Keep an Attitude of Gratitude – Even when life is hard, there is always something to be thankful for. Try to live in thankfulness for all God has given you.



Keith's Corner

A Note from the Executive Director

Happy New Year to everyone! Please give a special thank you to Jerry Key for a great job installing Christmas lights around the campus.

We have several changes taking place with the Snyder Village Board of Directors. Kevin Brinkman has completed his maximum number of terms and retired from the Board. Brad Watkins II has a work promotion which will require him to relocate to Springfield, Illinois. Our thanks go out to Kevin and Brad for their service. Our two new Board members are Lisa Obery and Gary Salm. Lisa has been a teacher and works with Obery Farms. Gary is Pastor at Christian Union Church. Both are very involved in the Metamora Community. Please welcome Lisa and Gary to our Board of Directors!

Best wishes to everyone for a wonderful New Year, and God bless you all!



Keith Swartzentruber

Happy 60th Anniversary

Kenneth & Mary Kay Koch



January 9

<u>Retirement Community</u> <u>Resident Portal</u>

A new area of the website has been created to communicate resources and timely information to Retirement Community residents. To view it, visit the website at **www.snydervillage.com**, go to the "**Our Community**" tab at the top of the page, and click on "**Resident Log In**". The username and password are both "Snyder".

Questions? Call 367-4900.

Wedding Anniversaries

To submit your wedding anniversary announcement, notify Angela Kauffman at 367-4300 ext. 133 or email akauffman@snydervillage.com with your wedding date and years married.

Submit information by the 15th of the month prior to your anniversary. Anniversary dates need to be resubmitted **every year**.

<u>Refer Your Friends</u>

Get paid to refer your friends to Snyder Village's Retirement Community!

You can earn **\$500** for each new resident who moves into a cottage or apartment. Just have them tell Julie you referred them.



Retirement Community Chatter



We had a great time at this year's Christmas Brunch. Everyone enjoyed the wonderful food, treats, and gifts. We had special music from the group, "Redeemed".





We took a trip to the Festival of Nativities.

Retirement Community Activities Staff: Jerra, Kathy and Angela

What We're Looking Forward To:

- Jan 7, 3:30 p.m. Dining out at Cornerstone Restaurant, Eureka
- Jan 15, 9:30 a.m. Riverfront Museum DaVinci, the genius & secrets of Mona Lisa
- Jan 22, 12:00 p.m. Retirement Community Potluck
- Jan 30, 12:00 p.m. Juliet's will go to Germantown Grille
- Jan 31, 3:45 p.m. -Dining out at Lindenhof German buffet
- Mondays, 2:00 p.m. We will be playing shuffleboard & having popcorn in the lounge.

For a complete list of the January activities happening in the Retirement Community, view the activity calendar or visit www.snydervillage.com.

Assisted Living Happenings



We all enjoyed the Christmas party & Santa!

We enjoyed making Christmas crinkle cookies.



We made Christmas trees by painting with forks.



We had another fun craft - We made reindeer and snowmen out of toilet paper rolls.







activities! If you need to reach me you can call (309) 366-4185 or email me at hbomleny@snydervillage.com.

- Heather Bomleny

What We're Looking Forward To:

- Jan 13, 1:30 p.m. We are looking forward to Stephanie from Goodfield State Bank coming to help us make pinch pots.
- Jan 24, 10:15 a.m. Trip to Goodwill in Washington
- Jan 28, 1:30 p.m. Woof Therapy dogs will be coming for a visit.
- Jan 29, 11:00 a.m. We will be volunteering at Midwest Food Bank with lunch prior at Germantown Grille for pizza.

For a complete list of the January activities happening at Assisted Living, view the activity calendar or visit www.snydervillage.com.

A Health Center Hello





Residents...and staff... enjoyed a special outing to the Bartonville American Legion for the annual Jimmy Binkley's Memorial Christmas Party. Jimmy touched so many lives that his friends wanted to continue to share his love of music and Christmas.



We had a great time during our first ever visit to the Festival of Trees!





We had an amazing time with family and friends at our Christmas Party!



We hope you all had a wonderful holiday. Thank you to all the families and friends that joined us for our Annual Resident & Family Christmas Party in December! We are excited for the New Year and we have plenty of fun activities planned to kick it off with. Many wishes for peace and happiness in the New Year!

Health Center Activities Staff: Amanda, Lori, Kirsten, Ashley, Kerri, Heather, Debi, Kayla, Annie, Bryson, Audrey, Maya, Emily, Kimberly & Kenzie

What We're Looking Forward To:

- Jan 2, 10:00 a.m. Rich Selquist ♪
- Jan 6 & 27, 2:15 p.m. Packing Snack Packs for St. Mary's
- Jan 14, 2:15 p.m. Bob & Judy Accordion Duo ♪
- Jan 16, 9:45 a.m. Third Grade Buddies
- Jan 20, 10:00 a.m. Let's Get Cooking!
- Jan 28, 2:15 p.m. Furry Friends

For a complete list of the January activities happening in the Health Center, view the activity calendar or visit www.snydervillage.com.

<u>Retirement</u> <u>Community</u> <u>Resident Council</u>

Wednesday, January 8 9:00 am | SV Center

All Retirement Community residents are welcome to attend! Any Retirement Community resident interested in a position on the Council should contact Judy Brandow at 645-1151.

Get Connected

Want to stay up-to-date with Snyder Village through email?

Get monthly updates and news by signing up to receive the 'E-News' by email. To sign up, just send your email address to Angela at akauffman@snydervillage.com.

Kirsten Love, our Lead Activity Aide in the Health Center, will be leaving us at the end of January. She has been a vital part



of our team since 2006 and we will miss her tremendously!

Help us wish her luck in her new adventures in North Carolina! **We will be having a going away party on January 31 at 2:15 p.m. in our Activity Room.**



<u>Faith & Worship</u>

Wednesday Chapel Services 2:30 - 3:00 pm

Jan 1: No Service Jan 8: Faith Evangelical Free Church Jan 15: Washburn Christian Church Jan 22: Christian Union Church of Metamora Jan 29: Liberty Bible Church

Snyder Village thanks area churches for providing weekly Chapel Services. Special thanks to **St. Mary's Church of Metamora for providing Mass and Rosary Services each Sunday.**

<u>Campus Chaplain</u>

Starting in January 2020, I will assume a parttime position as campus Chaplain. We will be adding additional programs at Snyder Village. We will conduct quarterly remembrance services for family who have lost loved ones. There will also be short-term and longer-term seminars offering help for individuals who are hurting and desire coping strategies. I will continue with visits to the Health Center, Assisted Living, and cottages. I have been a Biblical counselor for many years, as well as a church and hospital chaplain.

If you'd like to reach me, my contact information is: 309-303-2710 (cell) sgcarr@mtco.com (email)

Sincerely, Chaplain Steve Carr



<u>Employee Service</u> <u>Anniversaries</u>

JANUARY

24 yrs	Kathy Patton
19 yrs	Marci Cook
18 yrs	Amanda Yetter
12 yrs	Earlene Fehr
11 yrs	Samantha Vogler
6 yrs	Brooke Beal
4 yrs	Samantha Swiger
1 yr	Jennifer Johnson
1 yr	Maya Nodine
1 yr	Cheyenne Barnes
1 yr	Makayla Hamilton
1 yr	Connie Kammerer
1 yr	Jimmie Long



Birthdays of the Month

<u>Health Center</u>

- David Mills
 Frieda Fauber
 Walter Anderson
- 6 Donna Miller
- 12 Rose Deininger
- 21 Danny Buhr
- 21 Patricia Schmitt
- 23 Bonnie Glasgow
- 24 Lewis Lowery
- 24 Sarah Ulmer
- 28 Marjorie Ruskusky

Assisted Living

- 4 Jimmie Yount9 Betty Spangler12 Marianne Kjormoe
- Retirement Community 1 Carol Hinton 4 Dale Kuykendall 5 Sharon Carr 10 Elberta Dusenberry 12 Art Smith 13 Betty Minor 16 Janet Tompkins 18 Millie Watt 20 Grace Ward 23 Thelma Adams 23 Phyllis Kapraun
- 24 Louise Black
- 28 Janet Held
- 30 Mary Ann Higdon
- 30 Betty Roberts



"Like" the Snyder Village Facebook page for photos and event updates! Search for "Snyder Village" on Facebook, or visit **www.facebook.com/snydervillage**.

New Home Care Office Opens





It's official! The Home Care team has a new home! A ribbon-cutting ceremony took place on December 6 at Home Care's new office - 215 W Mt Vernon St in Metamora. The new location will allow for greater visibility of our Home Care team and services.

The Home Care team is available to help with services like personal grooming, transportation, meal prep and more! For information about Home Care and the services we provide, **call (309) 367-2300** or visit the website at **www.snydervillage.com**.

<u>Hearing Aid</u> <u>Check & Service</u>



Friday, January 17 10 am - 12 pm SV Assisted Living

Rick Reynolds with Beltone Hearing Center, East Peoria, will be on campus to check and service hearing aids. Hearing aids need not be Beltone brand for him to check them.

Contact Angie Watkins at 366-4104 with any questions.



HOME CARE OFFICE

OPEN HOUSE

JANUARY 31 2:00 - 4:00 PM

215 W MT VERNON ST METAMORA

Refreshments will be served.



Volunteer News

Happy New Year! I wish you all joy, peace, and happiness in the year to come!

If you volunteer in any way at Snyder Village, please save the date for our Yearly Volunteer Training on **Tuesday, January 14 at 1:00 p.m.** in the Classroom of the Health Center. Topics covered during the training will be Emergency Procedures, Food Handling, Cooperate Compliance, and Volunteer Handbook. There are requirements we must meet in order to meet state regulations, and your attendance is important. If you are unable to attend, please contact me, and I will ensure you get the information provided at the training.

Ashley Thompson | Volunteer Coordinator | 366-4135

Current Volunteer Opportunities

- Fill-in volunteers are needed for the Hall 4 Bistro in the Health Center during breakfast from 7:00 a.m. - 9:00 a.m. Volunteers would be trained to take orders, serve meals, and get drinks for the residents.
- Volunteer(s) needed to call Bingo Tuesdays at 2:00 p.m. for the Retirement Community.
- Fill-in pianist(s) to play for church services in the Health Center & at Assisted Living on Wednesday afternoons at 2:30 p.m. Total time would be one hour.
- Volunteer needed to push residents to and from the beauty shop in the Health Center on Tuesday mornings from 10:30 a.m. - 12:00 p.m.
- A volunteer is needed to assist with Movie & Popcorn in the Health Center one Thursday a month. This would include making the popcorn and serving drinks to the residents during the movie. Upcoming Movie & Popcorn activity is on Thursday, January 9 at 2:15 p.m.
- Do you have a special talent or hobby, or are you part of a group or organization? We are looking for individuals or groups that would be interested in hosting a birthday party in 2020 for the Health Center Residents. Hosting consists of providing some type of entertainment for 20-30 minutes and two cakes. The birthday parties are held on the third Tuesday of the month in February, May, August & November at 2:00 p.m. It may be possible to fluctuate time and date if need be.



More Holiday Fun

The holidays are always a fun time around Snyder Village! There were special concerts and holiday parties for everyone to enjoy.



The Original Skazz Band treated us to an evening of great music.

The Peoria Pops Orchestra gave a special holiday concert.





Residents enjoyed a concert of beautiful Christmas music performed by the Madrigal Singers from Metamora Township High School.

Pinochle Club

We are looking for Pinochle Players! We play six games Thursdays 5:30 to 8:30 p.m. and change partners after each game. Winners move to the next table and play the losers of that table. Each player puts 50 cents in the pot for the six games. Top three players split the pot according to the place, and last place receives the "booby" prize. We can teach you the rules and how to play. Come have fun with us! Call Glenn Hamilton at 367-9815 with questions.

Congratulations to the Pinochle Tournament winners!

<u>Nov 21, 2019</u>

1st Place Fred Zant 2nd Place Lee Neff 3rd Place Marilyn Damery Booby Nell Schertz

Dec 5, 2019

1st Place Harold Lightbody 2nd Place Don Heininger 3rd Place Shirley Egli Booby Nell Schertz

Dec 12, 2019

1st Place Wayne Rassi 2nd Place Harold Lightbody 3rd Place Mary Ann Duncan Booby Lee Dunn

Dec 19, 2019 No Pinochle



Remembering Our Friends and Neighbors ...

Snyder Village remembers friends and neighbors lost this past month. We pray family and friends will find peace and comfort during this difficult time.

"So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you" (John 16:22).



Lenora Rabel June 19, 1918 - Nov 16, 2019



Roberta Keown April 29, 1929 - Nov 18, 2019



Maurine Witte Feb 2, 1923 - Dec 4, 2019

We are thankful to those who have remembered Snyder Village in their will or estate. If you would like to include Snyder Village in your legacy giving, please contact Mike Lane at (309) 367-4300 ext. 116.

In Honor and Loving Memory

The following individuals were honored and/or remembered by a loving spouse, family members, or friends who donated generously to the Snyder Village Resident In Need Fund in November 2019:

Shirley Adams, Connie Bandelow, Walter Firlit, Richard "Dean" Gregory, Robert "Bob" Harbers, Wanda Ladendorf, Mary Underwood, and Joanne Vaughn

The Resident In Need Fund allows Snyder Village to continue caring for those who have exhausted their personal resources and can no longer pay for the cost of their continuing care. This helps to ensure that Snyder Village can provide the highest quality of care for our residents.

Thank you to all who have supported the Snyder Village Mission with your gifts: "We provide for the physical, emotional and spiritual needs of others in a loving, dignified and Christian atmosphere."



Metamora Community Nursing Home DBA 1200 E. Partridge St. | Metamora, IL 61548 (309) 367-4300 | www.snydervillage.com



Alpha to Omega Movers, Inc. Carpet Weaver's Country Financial - Bill Christ Dr. Michael & Shiela Whitford Goodfield State Bank Hampton's Kitchens & Appliance Heartland Bank and Trust Co. Heinold Banwart, Ltd. Mark and Laurie Walker McDonald's of Metamora Medline Industries, Inc. R.A. Cullinan & Son, Inc. Reliable Construction 1, Inc. Steven and Joy Kennell Vogue Painting Widmer Interiors