



The Snyder Scoop

October 2021

In This Issue:

**Keith's
Corner** 2

**Retirement
Community
Chatter** 3

**Assisted
Living
Happenings** 4

**Health Center
Hello** 5

**Scholarships
Awarded** 6

**Volunteer
News** 9

**Remembering
Friends &
Neighbors** 11

NATIONAL physical therapy month

October is National Physical Therapy Month and the perfect time to focus on physical activity and all the benefits it brings. According to the American Physical Therapy Association, inadequate levels of physical activity result in an added \$117 billion in health care costs in the U.S. and leads to a reduced quality of life for millions of Americans. Movement is crucial to independence, and regular physical activity benefits your physical, mental, and social health. For those recovering from injury or learning to live with physical limitations, physical therapists can help identify, diagnose, and treat movement problems. Seeing a physical therapist can help you:

- Manage pain & other chronic conditions
- Recover from injury
- Prevent & reduce the risk of future injury

The Therapy Department at Snyder Village offers not only physical therapy, but occupational and speech therapy as well. Out-patient services are offered to the Snyder Village campus and the surrounding community, and in-patient services are available if needed. "Call us if you need help with new pain, weakness, balance deficits, frequent falls, post-surgery rehab, memory loss, difficulty speaking or swallowing, and/or difficulty with performing daily tasks," says Barb Ramage, Therapy Department Lead at Snyder Village. "It gives us great pleasure to assist the Snyder Village campus and surrounding communities to regain function and age gracefully in place."

Snyder Village Therapy (309) 367-4300 ext. 101

Keith's Corner

A Note from the Executive Director

I am so glad to see our Health Center and Assisted Living residents having visits from their loved ones. It lifts everyone's spirits up! Please continue to use best health practices when you are out and about for the safety of everyone in our communities.

Thank you to everyone who participated in our Village Market and/or Benefit Online Auction by volunteering, attending, or purchasing item(s). Your support is truly appreciated! The money raised is for such a worthy cause, our Resident In Need Fund, which helps us meet the needs of residents who exhaust their resources.

It's the time of year again when we're preparing our budget for next year, so if you have any suggestions, please see me.

Blessings,

Keith

Therapy Presentation

Mind & Body Fitness

Did you know that exercise will enhance brain function as much as a healthy diet? This presentation will help give you guidelines for living life to the fullest!

Monday, October 11
10:45 a.m. - 11:30 a.m.
SV Center

Contact the Therapy Department at
 (309) 367-4300 ext. 101
 with any questions.



Celebration of Life

October 9
11 a.m.
SV Center

Join us for a Celebration of Life service in memory of Ron Roberts. There will be a lunch & dessert to follow.

**Please sign up in the RC Activity Book to attend.*



Want to stay up-to-date through email? Get monthly updates & news by joining our email list. To sign up, visit www.SnyderVillage.com, click on "Contact Us" and "E-News Sign Up". You can also sign up by sending your email address to Angela at akauffman@snydervillage.com.

Retirement Community Chatter



We enjoyed fishing out at the lake. This was the biggest fish out of the two that Gordy caught that day.



The craft class made decorations for the trees to celebrate the fall season.



Our painting class featured cardinals, and some St. Louis Cardinals fans were defending their "Cardinals" as Cubs fans joked around with them.



What We're Looking Forward To:

- **Oct 1, 10:45 a.m.** - On Fridays, we will have **Tai Chi class** in the SV Center. This class will be taught by a new resident, Jan Bishop. She has been teaching at the Peoria Park District for several years. The class will be 30 minutes. Please come and welcome her.
- **Oct 4, 10:00 a.m.** - Beginning Oct. 4, the **Silver Sneakers** class will be held Mondays at 10 a.m. and Thursdays at 8:30 a.m. Classes are held in the SV Center.
- **Oct 4, 6:00 p.m.** - **Evening Art Gala** - Come see some of the talent we have here on our campus. If you'd like your talent displayed, contact Jerra. Winston Dunbar will be providing piano music. Refreshments will be served and there will be a door prize.

For a complete list of the October activities happening in the Retirement Community, view the activity calendar or visit www.snydervillage.com. All activities are subject to change.

Assisted Living Happenings



We made an outing to Dairy Queen to pick up ice cream and then went to the Metamora Square to eat it. Everyone was so happy to be outside!



We had a "farewell party" for Amy Dorcy, Assistant Director, to wish her well and thank her for everything she's done!



We created beautiful flowers out of paper.



What We're Looking Forward To:

- **Oct 4, 1:30 p.m.** - Drumming Exercise - Come see what music can be made on a trash can! It's "unbeatable"!
- **Oct 14, 3:00 p.m.** - Parachute time - You don't have to jump out of a plane to have fun with a parachute! Join us as we raise our parachute to the air!
- **Oct 21, 1:30 p.m.** - Designing Fall leaves – Watch the leaves turn colors as we work on designs to reveal mystery colors.
- **Oct 26, 3:00 p.m.** - World Series Facts and Fun – Come wear your favorite baseball team shirt and test your knowledge on baseball fun.

For a complete list of the October activities happening at Assisted Living, view the activity calendar or visit www.snydervillage.com. All activities are subject to change.

A Health Center Hello



Everyone had a good time at the "Rockin' Around the Clock" 50's Party! It was so fun listening to the residents reminisce about their cars, soda fountains, and things they loved about the 50's!



Health Center residents took a ride on the Margaritaville party bus out to Eureka Lake! When they made it to the lake, they enjoyed some (non-alcoholic 🍹) margaritas! Everyone had a great time!

What We're Looking Forward To:

- **Oct 11, 2:15 p.m.** - Babies' Day Out - There's no school, so come join us for Babies' Day Out on the grassy area by the Hall 3/4 bistros!
- **Oct 16, 4:00 p.m.** - Witches Walk with The Hocus Pocus Hags (outside Hall 3/4 bistros)
- **Oct 18** - Painting Creepy Crawlies from Fired Up!/Halloween Wheel of Fortune
- **Oct 22** - Decorating Pumpkins/Roll a Frankenstein
- **Oct 29, 2:15 p.m.** - Staff & Resident Halloween Party
- **Oct 29, 5:00 p.m.** - Resident, Family, & Staff Trunk-or-Treat (If you would like to decorate your car or donate candy, please contact Amanda Yetter. Otherwise, we hope to see you there!)

For a complete list of the October activities happening in the Health Center, view the activity calendar or visit www.snydervillage.com. All activities subject to change.



Faith & Worship

Snyder Village thanks area churches for providing weekly chapel services.

Wednesday Chapel Services

2:30 - 3:00 p.m. (Health Center)

3:15 - 3:45 p.m. (Assisted Living)

Oct 6: Christian Union Church of Metamora

Oct 13: TBD

Oct 20: Apostolic Christian Church

Oct 27: TBD

Sunday Chapel Service (Willow Hill UMC)

10:00 a.m. (Retirement Community, SVC)

Televised:

Sundays, 9 a.m. - Service from Grace Presbyterian Church on Channel 4 (WEEK)

Sundays, 10 a.m. - Service from Christian Union Church on Channel 2



Flu Shot Clinic

October 21

11 a.m. - 2 p.m.

SV Center

This is a convenient way for Retirement Community residents to get their flu shots. The regular dose flu vaccine will be offered (*not high dose*). Please see the inserted flu shot forms. Additional forms will be available at the clinic.

Find us on 

www.facebook.com/snydervillage

Attention Employees of Snyder Village! Be sure to join the Snyder Village Employee Group on Facebook for announcements and updates.

Scholarships Awarded



Congratulations to the 2021 Whittington Memorial Scholarship recipient, Emily Cleveland! Emily is a CNA in the Health Center and has worked at Snyder Village for three years. She is currently enrolled in her junior year at OSF School of Nursing. In appreciation of the care that Mrs. Whittington received from the staff at Snyder Village Assisted Living in her later years, the \$1,000 scholarship is being provided by her family in her memory.

Pictured during the scholarship check presentation are, from left to right: Keith Swartzentruber, Tim Whittington, Emily Cleveland, Dale Whittington, Paul Whittington, Christy Coppenbarger, Mike Lane

Rebecca McKee, a CNA in the Health Center, is the first recipient of the Snyder Village Nursing Scholarship. The Nursing Scholarship awards the recipient funds for tuition to an accredited nursing program, books, and any other required fees. In return, the recipient agrees to work at Snyder Village for a minimum of two years post graduation. Becky has been a valuable member of the Snyder Village team for 14 years and is currently enrolled in her second year at ICC on her way to becoming an RN. Congratulations, Becky!



Employee Service Anniversaries

OCTOBER

32 yrs	Pam Armstrong
27 yrs	Tina Boswell
24 yrs	Diane Newswander
19 yrs	Vicki Alig
18 yrs	Alyssa Boley
14 yrs	Rebecca McKee
4 yrs	Kelsy Blair
3 yrs	David Irons
3 yrs	Dennis Donahoe
2 yrs	Josh Fandel
2 yrs	Annie Hickman
2 yrs	Shelly Slater-Webster
1 yr	Anna Marie Schnetzler
1 yr	Pamela Hill
1 yr	Kyle Loring
1 yr	Katie McCrary
1 yr	Katrina Ohls
1 yr	Amanda Bauer

Birthdays of the Month

Health Center

5 Harold Pedigo
12 Helen Holbrook

Assisted Living

2 Sandra Crumley
10 Ethel Dworak
15 Richard Matson
17 Betty Barnes

Retirement Community

6 Gene Rosine
7 Mike Racine
8 Betty Strickler
15 Anna Buckman
16 Shirley Schroeder
17 Mark Cunningham
17 Daryle Stonier
18 Shirley Barrow
19 Jayne Newhouse
26 Joe Vanecko
27 Harold Lightbody
27 Bette Robbins
30 Floyd Carlson
30 Shirley Egli
31 Alan Newhouse



Wedding Anniversaries

To submit your wedding anniversary announcement, call Angela Kauffman at (309) 366-4133 or email akauffman@snydervillage.com with your wedding date and years married. Submit information by the 15th of the month prior to your anniversary. Dates need to be resubmitted **every year**.

**we're
hiring!**

Tell your friends & family that Snyder Village is hiring! We are currently hiring Home Care Aides, RNs/LPNs, CNAs, Housekeeping, Transportation, Activity Aides, and more!

Great job benefits include insurance coverage, paid time off, flexible scheduling, matching 401k, and scholarships.

All open positions can be viewed and applied for on our website at www.snydervillage.com.

Many Thanks!

A big THANK YOU to the many volunteers, participants, and donors who helped with this year's Benefit Online Auction and Village Market! These events couldn't be done without all of your hard work and generous support.

A special note of gratitude to our Benefit Co-Chairs, Mark & Chris Nauman and Larry & Jennifer Aspin, and Village Market Co-Captains, Laurie Walker and Joann Hosbrough!

Pictured: Guests & volunteers at the Village Market.



Help at Home

SNYDER VILLAGE HOME CARE



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Toileting Mobility



TRANSPORTATION

Groceries Errands
Appointments



COMPANION CARE

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Medication reminders



HOMEMAKING

Laundry Bed linens
Housekeeping



CALL HOME CARE
(309) 367-2300

BECOME A

REFERRAL



Refer Your Friends

Refer your friends to Snyder Village and you could get paid!

Retirement Community residents can earn **\$500** for each new resident they refer who moves into a cottage or apartment in the Retirement Community. Assisted Living residents can earn **\$1,000** for each new resident they refer who moves into an Assisted Living apartment! Just ask the Retirement Community or Assisted Living for more information.

Retirement Community Resident Council

Wednesday, October 13

9:00 am | SV Center

All Retirement Community residents are welcome to attend our Resident Council meetings.

Volunteer News

Snyder Village would like to extend a big thank you to everyone that made the Benefit Online Auction and Village Market at the Metamora IGA a success! Many volunteers across the campus and community stepped in to help with various jobs to benefit the Resident In Need Fund. We are blessed to have the support of wonderful volunteers! A special thank you to all the Auction Chairs and Co-Chairs; we could not have done it all without your extra support!



Volunteer Needs:

- We are in need of two volunteers in the Retirement Community Bistro every other weekend from 11:15 a.m. - 12:30 p.m. to help as servers to take orders, get drinks, and pass plates.
- Volunteers are needed to help serve breakfast in the Hall 4 Bistro of the Health Center from 7 a.m. - 8:30 a.m. Help is needed Wednesday and/or Fridays and every other weekend.
- As we continue to navigate through the pandemic, we would appreciate the support of healthy, able-bodied individuals who would be willing to help screen employees and families visiting the Health Center. By volunteering, you would help keep our employees and residents healthy and safe. Each volunteer will be trained on the screening process, and volunteer shifts are 2-3 hours each.

For more information on volunteering at Snyder Village, please contact:

Ashley Thompson | Volunteer Coordinator
(309) 366-4135 | athompson@snydervillage.com

♠♦ Pinochle Club ♣♥

We are looking for Pinochle players! We play every **Thursday night from 5:30 p.m. to 8:30 p.m.** We play six games and change partners after each game. The winners move to the next table and play the losers of that table. We ask each player to put 50 cents in the pot for six games, and the top three players split the pot according to place. Last place is awarded with a "booby" prize.

We will teach you the rules and how to play Pinochle! Come join us for lots of fun! **Call Paul Elliott at (309) 238-7274 with questions.**

Congratulations to the winners!

Aug 19, 2021

1st Place Bill Shea
2nd Place Jill Elliott
3rd Place Shirley Schroeder
Booby Lee Neff

Sept 2, 2021

1st Place Jill Elliott
2nd Place Shirley Schroeder
3rd Place Sharon Peterson
Booby Don Simmons

Aug 26, 2021

1st Place Jill Elliott
2nd Place Wayne Rassi
3rd Place Shirley Schroeder
Booby Ruth McHenry

Sept 9, 2021

1st Place Wayne Rassi
2nd Place Lee Neff
3rd Place Don Simmons
Booby Bill Shea



Yes! Put these items in the container loose, not contained in garbage bags!



Food and Beverage Cans

Steel cans/containers, aluminum cans/containers.
Do NOT crush cans.



Mixed Paper, Newspapers, Magazines, and Cardboard

Flatten all boxes.



Plastics #1 and #2

Rinse, empty, and put all caps back on.

Recycling Guidelines

A new single-stream recycling container has been placed in the SV Center parking lot across from the dumpster. Maintenance will NO LONGER be picking up recycling. Please drop approved items off in the container at your convenience. Call Maintenance with any questions at (309) 367-4300 ext. 109.



No!

No Plastic Bags or Plastic Wrap

No Tangles
Hoses, Wires, or Chains

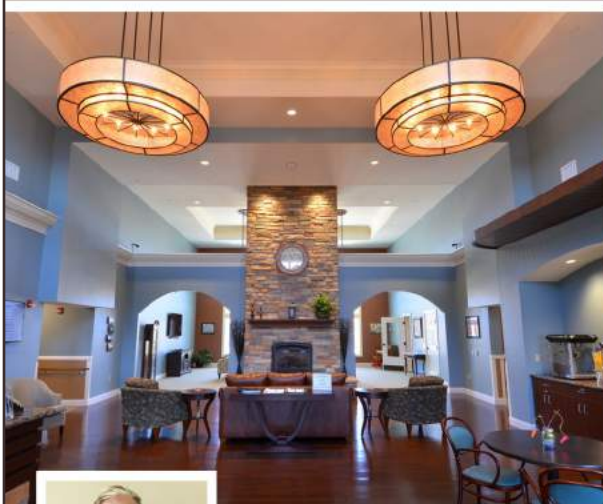
No Clothing or Linens

No Food or Liquid
Empty All Containers

No Glass

NO STYROFOAM. NO ELECTRONICS. NO WOOD. NO DIAPERS. NO PROPANE TANKS.

GET YOUR QUESTIONS ANSWERED



Do you have questions about our **ASSISTED LIVING** amenities & available apartments?

CALL KIM TODAY!



KIM LINEHAN
ADMISSION LIAISON

(309) 366-4132

Singers Wanted

The Snyder Village Gospel Choir will resume rehearsals on

**Friday, October 22
at 1:45 p.m.
in the SV Center.**

We need a few new members! Male or female, backup singer or soloist...all are welcome. Come and join in. You will enjoy it! **Questions? Call Tom Lindenfelser at (309) 696-7415.**



Remembering Our Friends and Neighbors...

Snyder Village remembers friends and neighbors lost this past month. We pray family and friends will find peace and comfort during this difficult time.

"So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you" (John 16:22).



Rev. John Senter

March 29, 1931 - Aug 22, 2021



Anton "Tony" Martin

Feb 15, 1932 - Aug 30, 2021



George Hamerstrand

Nov 5, 1932 - Sept 2, 2021



Henry Mauschbaugh

Aug 15, 1926 - Sept 2, 2021



Ronald "Gary" Hunt

July 25, 1943 - Sept 6, 2021



Wilbur Henneberg

July 8, 1933 - Sept 7, 2021

In Honor and Loving Memory

The following individuals were lovingly remembered by a spouse, family members, or friends who donated generously to the Resident In Need or other Snyder Village funds in August 2021:

Larry Attkisson, Patty Berg, and Jim Williams; William "Bill" Curry; Coleen Jones; Walter Nyberg; Minerva Reeb; and John Senter

Gifts to Snyder Village, in honor of an individual or couple, are also made by loving family and friends in celebration of special milestones in life such as graduation, anniversary, retirement, or in general recognition or appreciation.

The Resident In Need Fund allows Snyder Village to continue caring for those who have exhausted their personal resources and can no longer pay for the cost of their continuing care. Thank you to all who have supported the Snyder Village Mission with your gifts.



Metamora Community Nursing Home DBA

1200 E. Partridge St. | Metamora, IL 61548

(309) 367-4300 | www.snydervillage.com

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R. A. Cullinan & Son, Inc.

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