



The Snyder Scoop

October 2023

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NATIONAL physical therapy month

October is National Physical Therapy Month and the perfect time to focus on physical activity and all the benefits it brings. Movement is crucial to independence, and regular physical activity benefits your physical, mental, and social health. For those recovering from injury or learning to live with physical limitations, physical therapists can help identify, diagnose, and treat movement problems. Seeing a physical therapist can help you:

- Manage pain & other chronic conditions

- Recover from injury

- Prevent & reduce the risk of future injury

The Therapy Department at Snyder Village offers not only physical therapy, but occupational and speech therapy as well. Out-patient services are offered to the Snyder Village campus and the surrounding community, and in-patient services are available if needed.

Snyder Village Therapy (309) 367-4300 ext. 101

FREE SCREENS OFFERED!

The Snyder Village Therapy Department is offering **FREE** balance screens to Retirement Community residents to celebrate National Physical Therapy Month!

Screens will be offered on October 25, 8 a.m. - 12 p.m. and October 26, 1 p.m. - 4 p.m.

Please call (309) 367-4300 ext. 101 to schedule your screen.

RETIREMENT COMMUNITY APARTMENTS

**Independent living apartments currently
AVAILABLE!**

- Kitchenette
- One bedroom
- Walk-in closet
- Full bathroom
- Close to bistro, library, & activities

ATTENTION CURRENT RESIDENTS!

Retirement Community residents can earn \$500 for each new resident they refer who moves into the Retirement Community! Call for more information.



📞 309-367-4900

🌐 www.snydervillage.com

Find Us Online

Connect with Snyder Village online!



Website: www.snydervillage.com



YouTube: www.youtube.com/snydervillage



Twitter: www.twitter.com/snyder_village



Facebook: www.facebook.com/snydervillage

Wedding Anniversaries

To submit your wedding anniversary announcement, notify Angela Petersen at (309) 366-4133 or email apetersen@snydervillage.com with your wedding date and years married.

Submit information by the 15th of the month prior to your anniversary.

MGS Donation

Last month, the Retirement Community held a luncheon fundraiser for the Metamora Grade School inclusive playground. Snyder Village matched all the funds raised at the event. We recently presented the check to Metamora Grade School!

Pictured are Retirement Community residents, Marilyn Damery and Rosie Alig, next to several students from MGS.



Retirement Community Chatter

Joe Russell of Russell's Cycling & Fitness Center had a bike clinic at Snyder Village where repairs and maintenance were done. Thanks, Joe!



The ROMEO's (and a few Juliet's) were lucky enough to tour the Stewart Family Organic Farm.



What We're Looking Forward To:

- Return of the popular Armchair Travel
- Military Veterans Coffee & Donuts on October 3
- Peoria Historical Bus Tour: Roots of the River City
- Performances from: Cat Chorus, River Valley Big Band, Hocus Pocus Hags, and Civil War Dancers

For a complete list of the October activities happening in the Retirement Community, view the activity calendar or visit www.snydervillage.com. All activities are subject to change.

Assisted Living Happenings

AL staff enjoyed a week of festivities to celebrate National Assisted Living Week.



Creating fancy hangers was a most enjoyed craft this month in Memory Care.

We had fun making fall photo frames.



Everyone did a great job during Sip & Paint making their "Hello Pumpkin" paintings.



What We're Looking Forward To:

- Lunch outings to Brakers Market and Jason's Deli
- **Oct 20** - Lakeview After Dark Bus Tour
- **Oct 25** - Resident & Staff Pumpkin Decorating Contest

For a complete list of the October activities happening at Assisted Living, view the activity calendar or visit www.snydervillage.com. All activities are subject to change.

A Health Center Hello

Willow Hill United Methodist Church hosted our monthly birthday party. We made leis, learned a dance, and had yummy cake!



We made apple hand pies. They were delicious!



We loved having lots of furry friends come to visit for the Puppy Parade!



What We're Looking Forward To:

- Thursdays throughout the month we'll be having Movie Theater Thursdays in the SVC at 1:45!
- **Oct 1** - Veteran's Last Patrol - Area members will be here to recognize our Veterans in the front entrance of the Health Center at 3 p.m. All are welcome!
- **Oct 8** - Making apple cider with the Cunninghams and volunteers from Great Oaks Church
- **October 27, 5-7 p.m.** - Resident, Family, & Staff Trunk or Treat featuring the Hocus Pocus Hags. If you would like to donate candy (no nuts) or host a game table, please contact Amanda Yetter at (309) 366-4180.

For a complete list of the October activities happening in the Health Center, view the activity calendar or visit www.snydervillage.com. All activities subject to change.

Faith & Worship

Snyder Village thanks area churches for providing weekly services.



Sunday Service; 10:00 a.m.

(Service by Willow Hill UM; SV Center)

Televised:

Sundays, 10:00 a.m. - Service from Grace Presbyterian Church on ABC (Channel 5)

Wednesday Services:

2:30 - 3:00 p.m. (Health Center)

3:15 - 3:45 p.m. (Assisted Living)

Friday Services:

1st Friday of the Month - Rosary and Mass; 10:00 a.m.; Service by St. Mary's; SVC

2nd Friday of the Month - Service by Crossroads Global Methodist Church; 10:00 a.m.; SVC
Communion by St. Mary's in Health Center Halls 1, 3 & 4; 9:30 a.m.

3rd Friday of the Month – Service by Washington Lutheran; 9:30 a.m.; SVC
Communion by St. Mary's in Health Center Halls 1, 3 & 4; 9:30 a.m.; Communion service for Hall 2 following

Transportation is provided to St. Mary's of Metamora every Saturday for Catholic Mass at 3:15 p.m.

Therapy Presentation

Staying Vertical



One in three adults aged 65 and over and 50% of all adults aged 85 and older fall every year. Falling is the leading cause of emergency room visits every year and the reason for physical decline. It is critical that every senior knows their fall risk and how to train to stay vertical.

You are invited to a presentation by Jessica Spencer, Physical Therapist. Jessica is a new Physical Therapist at Snyder Village and has been a great addition to our team!

**Tuesday, October 10
9:15 a.m.
SV Center**

Contact the SV therapy department at (309) 367-4300 ext 101 with any questions.

Get Help at Home

from our professionally trained caregivers



Personal Grooming
Light Housekeeping
Meal Prep
Transportation
Companionship & more!

(309) 367-2300



Employee Service Anniversaries

OCTOBER

| | |
|--------|---------------------|
| 29 yrs | Tina Boswell |
| 26 yrs | Vicki Alig |
| 20 yrs | Alyssa Boley |
| 16 yrs | Rebecca McKee |
| 8 yrs | Kristy Miller |
| 6 yrs | Kelsy Blair |
| 5 yrs | David Irons |
| 4 yrs | Josh Fandel |
| 3 yrs | Amanda Bauer |
| 3 yrs | Pamela Hill |
| 3 yrs | Katrina Ohls |
| 3 yrs | Dennis Donahoe |
| 3 yrs | Katie McCrary |
| 2 yrs | Evan Duncan |
| 2 yrs | Alicia Forbes |
| 2 yrs | Rachel Holbrook |
| 2 yrs | Sheila Utley |
| 1 yr | Trisha Clewell |
| 1 yr | Yolanda Cole |
| 1 yr | Gavin Emery |
| 1 yr | Lexi Phillips |
| 1 yr | Stacy Philpot |
| 1 yr | Robyn Reinmann |
| 1 yr | Brooklyn Sorrentino |
| 1 yr | Heather Spence |
| 1 yr | Beverly Standridge |

Birthdays of the Month

Health Center

05 Harold Pedigo
24 Ann Wiesemann
31 Mary Beschorner

Assisted Living

02 Sandra Crumley
30 Frances Nauth

Retirement

Community

04 Maxine Lung
07 Mike Racine
08 Betty Strickler
11 Leta Wooley
13 Trudy Bell
15 Anna Buckman

Retirement

Community Cont.

16 Shirley Schroeder
17 Jeanne Donahue
17 Mark Cunningham
17 Daryle Stonier
18 Shirley Barrow
19 Jayne Newhouse
22 Barbara VanCleave
27 Harold Lightbody
27 Bette Robbins
29 Robert Butler
30 Floyd Carlson
30 Shirley Egli
31 Alan Newhouse

Caregiver Support Group

Thursday, October 19

6:30 - 7:30 p.m. | RC Library

Those acting as a caregiver for a loved one are welcome to attend the Caregiver Support Group. We will be meeting every third Thursday of the month. Questions? Contact the Social Services department at 309-367-4300 ext. 120.



Pinochle Club



Thursdays | 5:30 p.m. | SV Center

We ask each player to put 50 cents in the pot for six games. The top three players split the pot according to place, and last place is rewarded with a "Booby" prize. Call Paul Elliott at (309) 238-7274 if you are interested in playing or learning to play.

Congratulations to the Pinochle winners!

Aug 24

No Pinochle

Aug 31

1st Place Don Heininger

2nd Place Jim Richardson

Sept 7

1st Place Levon Diehl

2nd Place Lee Neff

Sept 14

1st Place Lowell Koch

2nd Place Lee Neff

There is an upcoming practice session tentatively scheduled for November 1 for anyone needing a refresher or wanting to join us for Pinochle!



Euchre Club

Tuesdays | 5:30 p.m. | SV Center

Let's play Euchre!! We play Tuesday nights from 5:30 - 8:00 p.m. Call Judy Johnson at (217) 419-4816 to get your spot to play!

Congratulations to the Euchre winners!

Aug 22

1st Place Don Heininger

2nd Place Jill Elliott

Aug 29

1st Place Don Simmons

2nd Place Shirley Egli

Sept 5

1st Place Jill Elliott

2nd Place Judy Johnson

Sept 12

1st Place Jill Elliott

2nd Place Ted Johnson

Veteran's Lunch

Sunday, November 5

11:00 am | Alexander's

The Veterans Appreciation Committee is having another outing to show our sincere gratitude for the service of all of our Veterans. This will be a **FREE** meal to Alexander's in Peoria on Sunday, November 5th when they open at 11:00. The bus will leave at 10:30. We are trying to duplicate our successful outing of last year! Be sure to wear your SV Veteran hat to the outing!

Please RSVP by signing up in the Retirement Community Activity Sign Up Book (located by the SV Center entrance). If you cannot make it over to sign up, please call Mark Cunningham at (309) 360-9377 to RSVP.



Find us on 

www.facebook.com/snydervillage

Attention Employees of Snyder Village! Be sure to join the Snyder Village Employee Group on Facebook for announcements and updates.

Snyder Village is hiring! We are currently hiring Home Care Aides, RNs, CNAs, Caregivers, Housekeeping, and more! All open positions can be viewed online at **www.snydervillage.com**. Job applications are also available on the website.

Volunteer News

I would like to extend a big thank you to everyone who made the Online Benefit Auction and Village Market at Metamora Kirby Foods a success! Many volunteers across the campus and the community stepped in to help with various jobs to benefit the Resident In Need Fund. We are blessed to have the support of wonderful volunteers and such a giving community! A special thank you to everyone who stepped in to help organize the Benefit events. We could not have done it all without your extra support!

Volunteer Needs:

- **Transport Help** - We are looking for volunteers to assist as needed pushing Health Center residents in wheelchairs to activities in the SV Center and on field trips off campus. Please let Ashley know if this is something you would like to help with.
 - **Tues, Oct 3, 1:00 p.m.** - *Field Trip to Minonk Chocolate Factory; 3 volunteers*
 - **Thurs, Oct 5, 7:00 p.m.** - *Caterpillar Employee Chorus (SV Center); 2 volunteers*
 - **Thurs, Oct 5, 12, 19, & 26, 1:30 p.m.** - *Movie Theater Thursday (SV Center); 2 volunteers*
 - **Tues, Oct 10, 10:30 a.m.** - *Dining Out Club (Cracker Barrel); 1 volunteer*
 - **Fri, Oct 20, 1:00 p.m.** - *Field Trip to Braker's Market; 4 volunteers*
 - **Fri, Oct 20, 6:30 p.m.** - *River City Big Band (SV Center); 2 volunteers*
 - **Mon, Oct 30, 6:30 p.m.** - *Civil War Dancers (SV Center); 2 volunteers*
- **Senior Nutrition Program** - Volunteers are needed to deliver meals to residents on the SV campus on Saturday afternoons. Meals are ready for delivery at 11:50 a.m., and the route takes approximately 30-45 minutes to complete.
- **Birthday Party Host** - Do you have a special talent or hobby, or are you part of a group or organization? We are looking for individuals or groups who would be interested in hosting a birthday party for our Health Center residents. Hosting consists of providing some sort of entertainment for 20-30 minutes and providing two cakes. The birthday parties are held on the third Tuesday of the month at 2:00 p.m. It may be possible to fluctuate time and date if needed.
- **Baking** - Do you like to bake? We are in need of volunteers to call on who would like to bake cookies, cakes, desserts, etc. when needed for activities. Please let me know if you're interested and I can add you to the list of bakers!

For more information on volunteering at Snyder Village or to sign up to help, please contact:

Ashley Thompson | Volunteer Coordinator
(309) 366-4135 | athompson@snydervillage.com

Veterans' Meeting

Tuesday, October 3
10:00 - 11:00 a.m. | SVC

Learn from other Veterans and enjoy new friendships at this campus-wide meeting! Call Jim Richardson at (309) 634-5917 with any questions.



Scholarships Awarded



Congratulations to the 2023 Whittington Memorial Scholarship recipients, Lindsay Gould and Alyssa Miklik! Lindsay is currently an LPN and is pursuing her education to become an RN at Illinois Central College. Alyssa is an employee of Assisted Living Dietary and attending nursing school at Southern Illinois University Edwardsville.

In appreciation of the care that Mrs. Whittington received from the staff at Snyder Village Assisted Living in her later years, the \$1,000 scholarship is being provided by her family in her memory.

Pictured during the scholarship check presentation are, from left to right: Mike Miklik, Michael Lane (Development Director), Alyssa Miklik, Kim Whittington, Lindsay Gould, Shannon Isbell (Director of Nursing, Health Center), Paul Whittington, Dale Whittington.



Get the eNews

Tell your friends & family to join our email list to receive the monthly eNews newsletter with updates from Snyder Village.



To sign up, visit www.SnyderVillage.com, click on "Contact Us" and "E-News Sign Up".

Retirement Community Resident Council

Wednesday, October 11
9:00 am | SV Center

All Retirement Community residents are welcome to attend.

Remembering Our Friends and Neighbors...

Snyder Village remembers friends and neighbors lost this past month. We pray family and friends will find peace and comfort during this difficult time.

"So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you" (John 16:22).



Laveta Hagan

July 9, 1930 - Aug 28, 2023



Steven Axelrod

Jan 8, 1938 - Aug 29, 2023



Tom Lindenfelser

April 3, 1928 - Sept 1, 2023



Ruthann Young

Aug 18, 1937 - Sept 13, 2023

In Honor and Loving Memory

The following individuals were lovingly remembered by spouses, family members, or friends who donated generously to the Resident In Need or other Snyder Village funds in August 2023:

Loretta Allen; Larry Attkisson, Patty Berg, and Jim Williams; Russel Bachman; Virginia "Ginnie" Brown; Virginia Lee Denham; Maurice Libbey; and Albert "Al" Wilson

Gifts to Snyder Village, in honor of an individual or couple, are also made by loving family and friends in celebration of special milestones in life such as graduation, anniversary, retirement, or in general recognition or appreciation.

The Resident In Need Fund allows Snyder Village to continue caring for those who have exhausted their personal resources and can no longer pay for the cost of their continuing care. This helps to ensure that we can provide the highest quality of care for our residents. Thank you to all who have supported the Snyder Village mission with your gifts.



Metamora Community Nursing Home DBA

1200 E. Partridge St., Metamora, IL 61548

(309) 367-4300 | www.snydervillage.com

Please patronize our Summer Events Sponsors:



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McDonald's of Metamora
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