

Meals: \$5.00

October 2019 Bolded Plate will be the lunch delivery - *all meals are subject to change

	Tuesday 10/1/2019	Wednesday 10/2/2019	Thursday 10/3/2019	Friday 10/4/2019	Saturday 10/5/2019	
	<p>Lunch: Turkey & Noodle Soup with Crackers Swiss Steak Baked Potato with Sour Cream Lima Beans</p> <p>Supper: Ham & Bean Soup with Crackers Pork Lo Mein Lo Mein Noodles Oriental Vegetables</p>	<p>Lunch: Cheese Soup with Crackers Stuffed Peppers</p> <p>Supper: Beef Vegetable Soup with Crackers Aloha Chicken Rice Buttered Carrots</p>	<p>Lunch: Three Bean Soup with Crackers Fried Catfish with Tartar Sauce French Fries</p> <p>Supper: Potato Soup with Crackers Baked Ham Yams Green Beans</p>	<p>Lunch: Bacon Potato Soup with Crackers Cheeseburger on a Bun with Lettuce, Tomato, Onion, Pickles Baked Beans</p> <p>Supper: Beef Barley soup With Crackers Roast Turkey Herb Stuffing Roasted Brussel Sprouts</p>	<p>Lunch: Chicken Noodle Soup with Crackers Brat on a Bun Potato Chips Saur Kraut Carrot Raisin Salad</p> <p>Supper: Chilli with Crackers Turkey Burger on a bun with Lettuce, Tomato, Onion and Pickles Chips Cucumber Salad</p>	
<p>Sunday 10/6/2019</p> <p>Lunch: Cheese Soup with Crackers Roast Beef Mashed Potatoes w/ Gravy Green Beans</p> <p>Supper: Broccoli & Cheese Soup with Crackers BBQ Baked Chicken Pieces Baked Potato w/Sour Cream & Margarine Stewed Tomatoes</p>	<p>Monday 10/7/2019</p> <p>Lunch: Ham & Bean Soup with Crackers Beef Stroganoff Egg Noodles Broccoli</p> <p>Supper: Tomato Soup with Crackers Grilled Cheese French Fries Cole Slaw</p>	<p>Tuesday 10/8/2019</p> <p>Lunch: Vegetable Soup with Crackers Cornflake Chicken Mashed Potatoes & Gravy Buttered Peas</p> <p>Supper: Chicken & Rice with Crackers Smothered Pork Chop Roasted & Buttered Red Potatoes Country Green Beans with Bacon & Onion</p>	<p>Wednesday 10/9/2019</p> <p>Lunch: Minestrone with Crackers Turkey Ala King Rice Buttered Peas & Carrots</p> <p>Supper: Senate Bean Soup with Crackers BBQ Riblette on a Bun Macaroni & Cheese Green Beans</p>	<p>Thursday 10/10/2019</p> <p>Lunch: Turkey & Rice Soup with Crackers Pepper Beef Patty with Gravy Baked Potato with Sour Cream Brussel Sprouts</p> <p>Supper: Cheesy Ham Chowder with Crackers Chicken Alfredo with Pasta Steamed Broccoli</p>	<p>Friday 10/11/2019</p> <p>Lunch: Split Pea Soup with Crackers Baked Tilapia with Lemon Dill Sauce Rice Pilaf Carrots & Onions</p> <p>Supper: Potato Soup with Crackers Brown Sugar Glazed Ham Baked Fresh Sweet Potato Creamed Spinach</p>	<p>Saturday 10/12/2019</p> <p>Lunch: Potato & Cabbage Soup with Crackers Beef Tips in Gravy Buttered Egg Noodles Broccoli with Cheese Sauce</p> <p>Supper: Minestrone Soup with Crackers Baked Chicken Breast with Onion Gravy Sour Cream Chive Mashed Potatoes Butterd Corn</p>
<p>Sunday 10/13/2019</p> <p>Lunch: Cream of Cauliflower Soup Fried Chicken Mashed Potatoes & Gravy Green Beans</p> <p>Supper: Beef & Barley Soup Spaghetti & Meatballs Side Salad w/Dressing</p>	<p>Monday 10/14/2019</p> <p>Lunch: Navy Bean Soup Deviled Pork Garlic Red Roasted Potatoes Roasted Brussel Sprouts</p> <p>Supper: Pasta Fagioli Soup Turkey Ala King Served over Biscuit Cottage Cheese Side Salad w/Dressing</p>	<p>Tuesday 10/15/2019</p> <p>Lunch: Garden Vegetable Rotini Soup BBQ Bone-In Pork Ribs Scalloped Potatoes Corn Cobbette</p> <p>Supper: Chicken Vegetable Soup Beef Enchilada Casserole Tortilla Chips with Salsa Side Salad w/Dressing</p>	<p>Wednesday 10/16/2019</p> <p>Lunch: Cabbage Potato Soup Meatloaf Baked Potato w/Sour Cream & Butter Succotash</p> <p>Supper: Tomato Soup Deluxe Potato Ham Bake Green Beans</p>	<p>Thursday 10/17/2019</p> <p>Lunch: Corn Chowder Roast Turkey with Gravy Baked Sweet Potato w/ Butter & Brown Sugar Buttered Peas & Carrots</p> <p>Supper: Lentil Soup Pork Fritter Mashed Potatoes w/ Cream Gravy Green Beans with Onions</p>	<p>Friday 10/18/2019</p> <p>Lunch: Minestrone Soup Fried Catfish with Tartar Sauce Rice Pilaf Confetti Cole Slaw</p> <p>Supper: Split Pea Soup Chicken Tenders with BBQ Sauce Tater Tots Ranch Vegetable Salad</p>	<p>Saturday 10/19/2019</p> <p>Lunch: Chicken Noodle Soup Cheeseburger on Bun Sweet Potato Fries Relish Plate with Ranch Dip</p> <p>Supper: Lumberjack Soup Open Faced Roast Beef Sandwich Mashed Potatoes & Gravy Green Beans</p>
<p>Sunday 10/20/2019</p> <p>Lunch: Broccoli Cheese Soup Baked Ham Yams Four Way Mixed Vegetables</p> <p>Supper: Minestrone Beef Ravioli w/Marinara Sauce Broccoli Raisin Salad</p>	<p>Monday 10/21/2019</p> <p>Lunch: Senate Bean Soup Pot Roast with Gravy Roasted Carrots, Potatoes & Onions</p> <p>Supper: Beef Barley Soup Roast Pork Scalloped Potatoes Roasted Brussel Sprouts Marinated Slaw</p>	<p>Tuesday 10/22/2019</p> <p>Lunch: Cream of Asparagus Soup Baked Turkey Casserole Buttered Peas</p> <p>Supper: Chicken Noodle Soup Beef Taco Salad Tortilla Chips, Sour Cream & Salsa</p>	<p>Wednesday 10/23/2019</p> <p>Lunch: Cream of Cauliflower Soup Fried Chicken Mashed Potatoes & Gravy Green Bean Almondine</p> <p>Supper: French Onion Soup w/Croutons Sweet & Sour Pork Steamed Rice Sugar Snap Peas Mandarin Orange Lettuce Salad w/ Honey Dressing</p>	<p>Thursday 10/24/2019</p> <p>Lunch: Corn Chowder Swiss Steak Baked Potato w/Sour Cream & Butter Buttered Carrots</p> <p>Supper: Turkey & Rice Soup Chili Mac w/ Cheddar Cheese Corn Chips Side Salad w/Dressing</p>	<p>Friday 10/25/2019</p> <p>Lunch: Potato Soup Baked Crusted Tilapia Long Grain & Wild Rice Blend Broccoli with Cheese Sauce</p> <p>Supper: Homemade Garden Vegetable Soup Beefy Hashbrown Casserole Cucumber & Tomato Salad with Vinegarett Drsg</p>	<p>Saturday 10/26/2019</p> <p>Lunch: Pasta Fagioli Soup Beef & Broccoli Stir Fry Steamed Rice Stir Fry Vegetables</p> <p>Supper: Chicken Noodle Soup Cowboy Casserole Fiesta Corn Salad</p>
<p>Sunday 10/27/2019</p> <p>Lunch: Lentil Soup Baked Ham Sweet Potatoes Asparagus</p> <p>Supper: Bean w/Bacon Soup Open Faced Turkey Sandwich w/Gravy Mashed Potatoes Green Beans</p>	<p>Monday 10/28/2019</p> <p>Lunch: Chicken & Rice Soup Meatloaf Mashed Potatoes & Gravy Country Green Beans</p> <p>Supper: Beef Barley Soup BBQ Pork Riblette on Bun Baked Beans Carrot Slaw</p>	<p>Tuesday 10/29/2019</p> <p>Lunch: Potato Soup Chicken Piccata - white sauce with capers Buttered Cabbage</p> <p>Supper: Minestrone Soup Homemade Beef Pot Pie Side Salad w/Dressing</p>	<p>Wednesday 10/30/2019</p> <p>Lunch: Beef Noodle Soup Deluxe Potato Ham Bake Brussel Sprouts</p> <p>Supper: Homemade Garden Vegetable Soup Country Fried Steak Mashed Potatoes w/ Cream Gravy Creamed Corn</p>	<p>Thursday 10/31/2019</p> <p>Lunch: Pasta Fagioli Soup Orange-Rosemary Pork Roast Scalloped Potatoes Fried Cabbage</p> <p>Supper: Corn Chowder Oven Baked Fried Chicken Au Gratin Potatoes Broccoli</p>		