

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: red; font-family: cursive;">July 2022</h1> <h2 style="color: red; font-family: cursive;">Health Center Activity Calendar</h2>						
9:00 Grace Alive ch 4 3 10:00 Christian Union ch 2 10:00 Willow Hill UMC - SVC 1:45 Sit n' Fit 2:15 Ducktona 500 6:00 Roanoke Fireworks	10:00 'Merica Trivia 4 1:45 Sit n' Fit 2:15 Yankee Doodle Dandy Party  <small>Independence Day (US)</small>	10:00 Freight Train 5 Mike 1:45 Sit n' Fit 2:15 Bunko	10:00 Bingo 6 1:00 Drum Circle for Drumstick Day w/ Dayspring UMC 2:30 Church Services - Minister needed 6:00 Bingo	10:00 Lucky 7 Day 7 1:45 Sit n' Fit 2:15 Famous Monuments Twister & Strawberry Sundaes	9:30 Catholic Mass 1 - SVC 10:00 Coffee Hour & Praise 1:45 Sit n' Fit 2:15 Firework Science 6:30 WashingtonAC <small>Canada Day</small>	10:00 Bingo 2 1:45 Sit n' Fit 2:15 Half-Hearted Party  <small>Halfway Point of 2022</small>
9:00 Grace Alive ch 40 10:00 Christian Union ch 2 10:00 Willow Hill UMC - SVC 1:45 Sit n' Fit 2:15 Scottish Open - Golf	10:00 Price is Right 1 1:45 Sit n' Fit 2:15 7/11 6:00 Rummy	<small>Art w/o Boundaries</small> 12 10:00 Family Feud Day (1976) 1:45 Sit n' Fit 2:15 Cool Treats & Summer Song Days 6pm Positive Notes	10:00 Bingo 13 2p Senior Citizen Band - SVC 6:00 Bingo	10:00 Coffee Hour 14 & Praise 1:45 Sit n' Fit 2:15 Movie & Popcorn "National Treasure" 2:30 Manicures	10:00 Let's Get Grillin'! 15 1:45 Sit n' Fit 2:15 Quarter Auction 6:30 Skazz Band SVC	10:00 Bingo 16 1:45 Sit n' Fit 2:15 Farkle
9:00 Grace Alive ch 417 10:00 Christian Union ch 2 10:00 Willow Hill UMC - SVC 1:45 Sit n' Fit 2:15 Sundae Social & Word Games <small>Nat'l Ice Cream Day</small>	10:00 Kings in the 18 Corner 1:00 Canvas Creations 6:00 Steve Hargis SVC	10:00 Resident Council 19 1:00 Spouse Drive to AL 1:45 Sit n' Fit 2:15 Fox Ellis -SVC	10:00 Bingo 20 1:45 FITGO 2:30 Church Services - SV Chaplain 6:00 Bingo	10:00 Chips 21 1:45 Sit n' Fit 2:15 Baby's Day Out	10:00 Coffee Hour 22 & Praise 1:45 Sit n' Fit 2:15 Alex Trebek's Birthday - Jeopardy 6:00 Farkle	10:00 Bingo 23 1:45 Sit n' Fit 2:15 Build an Ice Cream Cone game  <small>Ice Cream Cone Anniversary - 1904</small>
9:00 Grace Alive ch 24 10:00 Christian Union ch 2 10:00 Willow Hill UMC - SVC 1:45 Sit n' Fit 2:15 Kings in the Corner	10:00 Grandma's 25 Kitchen - Blueberry Breakfast Cake 1:45 Sit n' Fit 2:15 Life-Size Games 6:00 Uno	<small>Art w/o Boundaries</small> 26 10:00 Nat'l Parks Travelogue 1:00 Scenic Drive 1:45 Sit n' Fit 2:15 Mick Jagger's Birthday - Rock n Roll (dice game)	10:00 Bingo 27 1:45 FITGO 2:30 Church Services - Christian Union 6:00 Bingo	10:00 Pokemo 28 12:30 Hooked on Fishing	10:00 Coffee Hour 29 & Praise 1:45 Sit n' Fit 2:15 Sharing Treasures - Getting to Know You Day 6:00 L-C-R	10:00 Bingo 30 1:45 Sit n' Fit 2:15 International Day of Friendship Service Project
9:00 Grace Alive ch 31 10:00 Christian Union ch 2 10:00 Willow Hill UMC - SVC 1:45 Sit n' Fit 2:15 Bible Circle Sunday						