

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|---|
| 9:30 Christian Union ch 2 10:00 Grace Alive ch 5 10:00 Willow Hill UMC – SVC 1:45 Sit n' Fit 2:15 What's new in 2023 2:30 New Year's Answer Battle 3:00 New Year's Dice <i>New Year's Day</i> | 10:00 Rose Parade 2023 – ABC ch 5 "Turning the Corner" 1:00 Canvas Creations 4:00 Rose Bowl – ESPN ch 42 | 10:00 Bunko 1:45 Sit n' Fit 2:15 Freight Train Mike J 6:00 Sue's Movie Night | 10:00 Bingo 2:00 Church Services – Apostolic Christian 2:45 FITGO 6:00 Bingo | 10:00 Nat'l Bird Day – making bird feeders 1:45 Drum Circle 2:00 Kings in the Corner w/ MGS 6 th Graders | 9:30 Catholic Mass – SVC 10:00 Coffee Hour & Praise 1:00 Field Trip – Ice Skating @ Pekin's Veteran Memorial Arena 6:00 L-C-R | 10:00 Bingo 1:45 Pick a Flower Exercises 2:15 Harlem Globetrotters Day (1927) -Basketball |
| 9:30 Christian Union ch 2 10:00 Grace Alive ch 5 10:00 Willow Hill UMC – SVC 1:45 Sit n' Fit 2:15 Deal or No Deal | 10:00 Let it Snow Pour Painted Snowflakes & Snow Sandwiches 2:00 Military Veteran Town Hall Meeting – families welcome 6:00 Hoy | <i>Art Without Boundaries</i> 10:00 Richard Dubois J 1:45 Sit n' Fit 2:15 Tech Tuesday – Oculus Adventures 6:00 A Positive Note J | 10:00 Bingo 1:45 FITGO 2:30 Church Services – Christian Union 6:00 Bingo | 10:00 2 nd Grade Buddies 1:45 Drum Circle 2:15 Movie & Popcorn "Cheaper by the Dozen" 2:30 Manicures | 10:00 Coffee Hour & Praise – Wintertime Memories 1:45 Sit n' Fit 2:15 Rummy 6:00 7/11 | 10:00 Bingo 1:45 Pick a Flower Exercises 2:15 Ken Hahn J |
| 9:30 Christian Union ch 2 10:00 Grace Alive ch 5 10:00 Willow Hill UMC – SVC 1:45 Sit n' Fit 2:15 No Bake Banana Split Cake & Word Games | 10:00 Babies' Day 16 Out! Children of residents' families and staff welcome 1:45 Chair Volleyball 2:15 MLK Game Bundle <i>Martin Luther King Jr. Day</i> | 10:00 Resident Council 1:00 Spouse Drive to AL 1:45 Sit n' Fit 2:15 PGA Anniversary – Golf 6:00 Sue's Movie Night | 10:00 Bingo 1:45 FITGO 2:30 Church Services – SV Chaplain 6:00 Bingo | 10:00 Name That Tune 1:45 Drum Circle 2:15 1 st Intercollegiate Hockey Game – 1898 | 10:00 Coffee Hour & Praise – Peoria Riverfront Museum 6:00 Ship, Captain, Crew | 10:00 Bingo 1:45 Pick a Flower Exercises 2:15 7/11 |
| 9:30 Christian Union ch 2 10:00 Grace Alive ch 5 10:00 Willow Hill UMC – SVC 1:45 Sit n' Fit 2:15 Year of the Rabbit <i>Chinese New Year (Year of the Rabbit)</i> | 10:00 Grandma's 23 Kitchen – National Pie Day 1:45 Chair Volleyball 2:15 Farkle 6:00 Go Nuts <i>Activity Professionals Day</i> | <i>Art Without Boundaries</i> 10:00 Chips 1:00 Scenic Drive 1:45 Sit n' Fit 2:15 Spare Day – Bowling 6:00 1 st Boy Scout Day – Metamora Troop #64 | 10:00 Bingo 1:45 FITGO 2:30 Church Services – GHBC 6:00 Bingo | 10:00 Aboriginal Games & Pastimes w/ Fairy Bread 1:45 Drum Circle 2:15 Tenzi <i>Australia Day (observed)</i> | 9:30 Military Veterans Meet & Greet - SVC 10:00 Coffee Hour & Praise – National Chocolate Cake Day 1:45 Sit n' Fit 2:15 Card Sharks 6:00 Rummy | 10:00 Bingo 1:45 Pick a Flower Exercises 2:15 Steve Hargis J |
| 9:30 Christian Union ch 2 10:00 Grace Alive ch 5 10:00 Willow Hill UMC – SVC 1:45 Sit n' Fit 2:15 Pokeno | 10:00 Hymns for Him J 1:45 Chair Volleyball 2:15 SnackPacks | 10:00 Nat'l Inspire Your Heart w/ Art Day – DIY Painted Mugs 1:00 Scenic Drive 1:45 Sit n' Fit 2:15 Hot Chocolate Gift Assembly 6:00 Sue's Movie Night | <h1>January 2023</h1> <h2>Health Center Activity Calendar</h2> | | | |