

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

Health Center Memory Care

						
<p>9:15 Sit & Fit 3 10:00 Junk Drawer 1:30 Color with Me 2:00 Ring Toss 6:00 Sewing 7:00 Sundae Social & Devotion</p>	<p>9:15 Sit & Fit 4 10:00 Spice Play Doh 1:30 Let's Chat 2:00 Sensory: Spices 6:00 Flower Arranging 7:00 Labor Day Party</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p>9:15 Sit & Fit 5 10:00 Baking Buddies 1:30 Let's Chat 2:00 Blocks 6:00 Noodle Exercise 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 6 10:00 Ladies Club 1:30 Let's Chat 2:15 Church 6:00 Green Thumbs 7:00 Music & Floats</p>	<p>7:30 Pancake Bar 7 9:15 Sit & Fit 10:00 In the Kitchen 1:30 Let's Chat 2:00 EZ Activities 6:00 Ball Toss 7:00 Fall's Favorite Snacks</p>	<p>9:15 Sit & Fit 8 10:00 Music/Sing Along 1:30 Let's Chat 2:00 Craft: Tree Painting 6:00 Ring Toss 7:00 Movie Night & Concessions</p>	<p>9:15 Sit & Fit 9 10:00 Sorting Activities 1:30 coffee and chat 2:00 Paint A Pumpkin 6:00 Bowling 7:00 Read & Reminisce, Snacks</p>
<p>9:15 Sit & Fit 10 10:00 Junk Drawer 1:30 Soccer 2:00 Grandparents Day Fun 6:00 Laundry/Sock Match 7:00 Sundae Social & Devotion</p> <p style="text-align: center;"><small>Grandparents Day</small></p>	<p>9:15 Sit & Fit 11 10:00 Men's Group/ Outing bus ride 1:30 Let's Chat 2:00 Box Puzzles 6:00 Balloon Games 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 12 10:30 Note by Note 1:30 Let's Chat 2:00 Happy Hour 6:00 Ball Toss 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 13 10:00 Ladies Club 1:30 Let's Chat/Walking Group 2:15 Church 6:00 Balloon Exercise 7:00 Music & Floats</p>	<p>7:30 French Toast Bar 14 9:15 Sit & Fit 10:00 In the Kitchen 1:30 Let's Chat 2:00 EZ Activities 6:00 Bubble Fun 7:00 Fall's Favorite Snacks</p>	<p>9:15 Sit & Fit 15 10:15 Catholic Mass 1:30 Let's Chat 2:00 Craft: Pinecone Bird Feeders 6:00 Bowling 7:00 Movie Night & Concessions</p> <p style="text-align: center;"><small>Rosh Hashana Begins</small></p>	<p>9:15 Sit & Fit 16 10:00 Sorting Activities 1:30 Ball toss 2:00 Ribbon Dance 6:00 Craft: Apple Wrap 7:00 Read & Reminisce, Snacks</p> <p style="text-align: center;"><small>Oktoberfest Begins</small></p>
<p>9:15 Sit & Fit 17 10:00 What's that Smell? 1:30 Sunday Games/ Coloring 2:00 Ball Toss 6:00 Laundry/Sock Match 7:00 Sundae Social & Devotion</p>	<p>9:15 Sit & Fit 18 10:00 Men's Group 1:30 Let's Chat 2:00 Centers 6:00 Bowling 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 19 10:00 Tea Party 1:00 Outing: Bus Ride 6:00 Noodle Exercise 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 20 10:00 Ladies Club 1:30 Let's Chat 2:15 Church 6:00 Center Activities 7:00 Music & Floats</p>	<p>7:30 Waffle Bar 21 9:15 Sit & Fit 10:00 Note by Note 1:30 Let's Chat 2:00 EZ Activities 6:00 Balloon Fun 7:00 Fall's Favorite Snacks</p>	<p>9:15 Sit & Fit 22 10:15 Craft: Elephant 1:30 Let's Chat 2:00 Elephant party 6:00 Elephant Ring Toss 7:00 Elephant movie and snacks</p>	<p>9:15 Sit & Fit 23 10:00 Sorting Activities 1:30 coffee and chat 2:00 Chair Dancing 6:00 Bubble Fun 7:00 Read & Reminisce, Snacks</p> <p style="text-align: center;"><small>Autumn Begins</small></p>
<p>9:15 Sit & Fit 24 10:00 Junk Drawer 1:30 Soccer 2:00 Sunday Games/ Coloring 6:00 Parachute 7:00 Sundae Social & Devotion</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p>	<p>9:15 Sit & Fit 25 10:00 Men's Group 1:30 Let's Chat 2:00 Blocks 6:00 Sewing 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 26 10:00 Baking Buddies 1:30 Let's Chat 2:00 All About Baby 6:00 Bean Bag Toss 7:00 Read & Reminisce, Snacks</p>	<p>9:15 Sit & Fit 27 10:00 Ladies Club 1:30 Let's Chat 2:15 Church 6:00 Balloon Exercise 7:00 Music & Floats</p>	<p>7:30 Breakfast Cake 28 9:15 Sit & Fit 10:00 In the Kitchen 1:30 Let's Chat 2:00 EZ Activities 6:00 Ball Toss 7:00 Fall's Favorite Snacks</p>	<p>9:15 Sit & Fit 29 10:15 Music/Sing Along 1:30 Let's Chat 2:00 Craft: Scarecrow 6:00 Bowling 7:00 Movie Night & Concessions</p> <p style="text-align: center;"><small>Sukkot Begins</small></p>	<p>9:15 Sit & Fit 30 10:00 Sorting Activities 1:30 ring toss 2:00 Skee Ball 6:00 Bubble Fun 7:00 Read & Reminisce, Snacks</p>