

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

				9:00 Exercise 1 9:30 Devotion and Prayer 10:00 Peppermint Crafts 11:00 Refresh for lunch 12:00 One-on-One 1:00 Drum Circle 2:00 Snack & Hydration 2:30 Assistants Choice National decorate with Candy Day.	9:00 Exercise 2 9:30 Devotion and Prayer 10:00 Groundhog Trivia 11:00 Refresh for lunch 12:00 One-on-One 1:00 Book Club 2:00 Snack & Hydration 2:30 Friday Matinee Groundhog Day	9:00 Exercise 3 9:30 Devotion and Prayer 10:00 Tabletop Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Afternoon Walk 2:00 Snack & Hydration 2:30 Finger Painting 3:00 Tabletop Games 3:30 Seated exercises
9:00 Exercise 4 9:30 Devotion and Prayer 10:00 Morning Walk 10:30 Active Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Tabletop Games 2:00 Snack & Hydration 2:30 Word Games 3:00 Team Bowling 3:30 Finger Painting	9:00 Exercise 5 9:30 Devotion and Prayer 10:00 Monday Morning Bingo 11:00 Refresh for lunch 12:00 One-on-One 1:00 Bakers Club 2:00 Manicure Mondays	9:00 Exercise 6 9:30 Devotion and Prayer 10:00 Pen Pals 11:00 Refresh for lunch 12:00 One-on-One 1:00 Never have I ever 2:00 Snack & Hydration 2:30 Assistants Choice National Chop Stick Day	9:00 Exercise 7 9:30 Devotion and Prayer 10:00 Music Therapy w/ Courtney 11:00 Refresh for lunch 12:00 One-on-One 1:00 Afternoon Walk 2:00 Snack & Hydration 2:30 Flower Letters 3:15 Church Services	9:00 Exercise 8 9:30 Devotion and Prayer 10:00 Crafters Corner 11:00 Refresh for lunch 12:00 One-on-One 1:00 Watercolor and coffee 2:00 Snack & Hydration 2:30 Assistance Choice 3:00 Game Shows	9:00 Exercise 9 9:30 Devotion and Prayer 10:00 Finish the phrase 11:00 Refresh for lunch 12:00 One-on-One 1:00 Book Club 2:00 Snack & Hydration 2:30 Sugar Scrub 3:00 Food Network National Chocolate Kiss Day	9:00 Exercise 10 9:30 Devotion and Prayer 11:00 Refresh for lunch 12:00 One-on-One 1:00 Scavenger Hunt 2:00 Snack & Hydration 2:30 Paint by numbers 3:00 Uno 3:30 Seated exercises Chinese New Year
9:00 Exercise 11 9:30 Devotion and Prayer 10:00 Morning Walk 10:30 Active Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Tabletop Games 2:00 Snack & Hydration 2:30 Word Games 3:00 Noodle Hockey 3:30 Bird Feeders	9:00 Exercise 12 9:30 Devotion and Prayer 10:00 Monday Morning Bingo 11:00 Refresh for lunch 12:00 One-on-One 1:00 Bakers Club 2:00 Manicure Mondays National Oatmeal Monday	9:00 Exercise 13 9:30 Devotion and Prayer 10:00 Lucinda Martin 11:00 Refresh for lunch 12:00 One-on-One 1:00 History of Mardi Gras 2:00 Snack & Hydration 2:30 Assistants Choice Mardi Gras	9:00 Exercise 14 9:30 Devotion and Prayer 10:00 Love yourself celebration 12:00 One-on-One 1:00 Valentine's Day trivia 2:00 Love Stories 3:15 Church Services Valentine's Day	9:00 Exercise 15 9:30 Devotion and Prayer 10:00 Crafters Corner 11:00 Refresh for lunch 12:00 One-on-One 1:00 Book club 2:00 Snack & Hydration 2:30 Would you rather 3:00 Assistance Choice	9:00 Exercise 16 9:30 Devotion and Prayer 10:00 Caregiver Craft 11:00 Refresh for lunch 12:00 One-on-One 1:00 Friday Matinee National Caregiver Day	9:00 Exercise 17 9:30 Devotion and Prayer 10:00 Word Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Team Bowling 2:00 Snack & Hydration 2:30 String art 3:00 Dominos 3:30 Seated exercises
9:00 Exercise 18 9:30 Devotion and Prayer 10:00 Morning Walk 10:30 Active Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Tabletop Games 2:00 Snack & Hydration 2:30 Word Games 3:00 Balloon Swat 3:30 Fork Tulips	9:00 Exercise 19 9:30 Devotion and Prayer 10:00 Monday Morning Bingo 11:00 Refresh for lunch 12:00 One-on-One 1:00 President Triva 2:00 Manicure Mondays Presidents' Day	9:00 Exercise 20 9:30 Devotion and Prayer 10:00 Flower Letters 11:00 Refresh for lunch 12:00 One-on-One 1:00 Never have I ever 2:00 Snack & Hydration 2:30 Assistants Choice	9:00 Exercise 21 9:30 Devotion and Prayer 10:00 Morning Walk 11:00 Lunch Outing 2:00 Snack & Hydration 2:30 Flower Letters 3:15 Church Services National Sticky Bun Day	9:00 Exercise 22 9:30 Devotion and Prayer 10:00 Crafters Corner 11:00 Refresh for lunch 12:00 One-on-One 1:00 Pen Pals 2:00 Snack & Hydration 2:30 Coffee and Conversations 3:00 Learn a new game	9:00 Exercise 23 9:30 Devotion and Prayer 10:00 Word Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Book Club 2:00 Snack & Hydration 2:30 Friendship bracelets 3:00 Game Shows National Friendship Movie Day	9:00 Exercise 24 9:30 Devotion and Prayer 10:00 Balloon Swat 11:00 Refresh for lunch 12:00 One-on-One 1:00 Assistance Choice 2:00 Snack & Hydration 2:30 Q-Tip painting 3:00 Matching 3:30 Seated exercises
9:00 Exercise 25 9:30 Devotion and Prayer 10:00 Morning Walk 10:30 Active Games 11:00 Refresh for lunch 12:00 One-on-One 1:00 Tabletop Games 2:00 Snack & Hydration 2:30 Word Games 3:00 Balloon Swat 3:30 Crafting	9:00 Exercise 26 9:30 Devotion and Prayer 10:00 Monday Morning Bingo 11:00 Refresh for lunch 12:00 One-on-One 1:00 Tell a fairy tale day 2:00 Manicure Mondays National Friends Forever Day	9:00 Exercise 27 9:30 Devotion and Prayer 10:00 Accordion Duo 11:00 Refresh for lunch 12:00 One-on-One 1:00 Never have I ever 2:00 Snack & Hydration 2:30 Assistants Choice	9:00 Exercise 28 9:30 Devotion and Prayer 10:00 Morning Walk 11:00 Refresh for lunch 12:00 One-on-One 1:00 Drum Circle 2:00 Snack & Hydration 2:30 Flower Letters 3:15 Church Services	9:00 Exercise 29 9:30 Devotion and Prayer 10:00 Crafters Corner 11:00 Refresh for lunch 12:00 One-on-One 1:00 Leap Day Trivia 2:00 Snack & Hydration 2:30 Reminisce 3:00 Assistance Choice		