

November 2024										9:15 RISE 'N SHINE 1 10:00 Sit 'n Fit/Chair Zumba 1:30 Fun with Science 2:30 Snacks, Hydration & Daily Chronicle 3:00 Quiet Time 5:30 Night at the Theater 7:00 Moonlight Hour	9:15 RISE 'N SHINE 2 10:00 Bookworms Club 1:30 Mind, Body & Soul 2:30 Snacks, Hydration & Daily Chronicle 3:00 Ball Toss 5:30 Floats & Sing-A-Long 7:00 Moonlight Hour
9:15 RISE 'N SHINE 3 10:00 Hymns & Worship 1:30 Quiet Time 2:30 Snacks, Hydration & Daily Chronicle 3:00 Color Sorting 5:30 Tidy Up Time 7:00 Moonlight Hour Daylight Saving Time Ends	9:15 RISE 'N SHINE 4 10:00 Creative Baking 1:30 Coffee Hour & Jokes 2:30 Snacks, Hydration & Daily Chronicle 3:00 Manicure Monday 5:30 I Spy 7:00 Moonlight Hour	9:15 RISE 'N SHINE 5 10:00 Music Therapy 1:30 Arts & Crafts 2:30 Snacks, Hydration & Daily Chronicle 3:00 Table Games 5:30 Card Sorting 7:00 Moonlight Hour	9:15 RISE 'N SHINE 6 10:00 Rachael's Restorative 1:30 Scenic Drive 2:30 Snacks, Hydration & Daily Chronicle 3:00 Five Senses 5:30 Ball Toss 7:00 Moonlight Hour Wear Purple!	9:15 RISE 'N SHINE 7 10:00 Apple "Bobbing" 1:30 Happy Hour n' Trivia 2:30 Snacks, Hydration & Daily Chronicle 3:00 Bowling 5:30 Sensory Bins 7:00 Moonlight Hour Theme Thursday!	9:15 RISE 'N SHINE 8 10:00 Sit 'n Fit/Chair Zumba 1:30 Fun with Science 2:30 Snacks, Hydration & Daily Chronicle 3:00 Coloring with CNA's 5:30 Night at the Theater 7:00 Moonlight Hour	9:15 RISE 'N SHINE 9 10:00 Bookworms Club 1:30 Mind, Body & Soul 2:30 Snacks, Hydration & Daily Chronicle 3:00 Ball Toss 5:30 Floats & Sing-A-Long 7:00 Moonlight Hour					
9:15 RISE 'N SHINE 10 10:00 Hymns & Worship 1:30 Quiet Time 2:30 Snacks, Hydration & Daily Chronicle 5:30 Towel Folding with CNA's 7:00 Moonlight Hour	9:15 RISE 'N SHINE 11 10:00 Creative Baking 1:30 Coffee Hour & Jokes 2:30 Snacks, Hydration & Daily Chronicle 3:00 Manicure Monday 5:30 Simon Says 7:00 Moonlight Hour Veterans Day Remembrance Day (Canada)	9:15 RISE 'N SHINE 12 10:00 Music Therapy 1:30 Scenic Drive 2:30 Snacks, Hydration & Daily Chronicle 3:00 Table Games 5:30 Color Sorting 7:00 Moonlight Hour	9:15 RISE 'N SHINE 13 10:00 Rachael's Restorative 1:30 What's Cooking 2:30 Snacks, Hydration & Daily Chronicle 3:00 Five Senses 5:30 Ball Toss with CNA's 7:00 Moonlight Hour Wear Purple!	9:15 RISE 'N SHINE 14 10:00 Fine Motor Skills 1:30 Happy Hour n' Trivia 2:30 Snacks, Hydration & Daily Chronicle 3:00 Bowling 5:30 Sensory Bins 7:00 Moonlight Hour Theme Thursday!	9:15 RISE 'N SHINE 15 10:00 Sit 'n Fit/Chair Zumba 1:30 Fun with Science 2:30 Snacks, Hydration & Daily Chronicle 3:00 Quiet Time 5:30 Night at the Theater 7:00 Moonlight Hour	9:15 RISE 'N SHINE 16 10:00 Bookworms Club 1:30 Mind, Body & Soul 2:30 Snacks, Hydration & Daily Chronicle 3:00 Ball Toss 5:30 Floats & Sing-A-Long 7:00 Moonlight Hour					
9:15 RISE 'N SHINE 17 10:00 Hymns & Worship 1:30 Quiet Time 2:30 Snacks, Hydration & Daily Chronicle 3:00 Color Sorting 5:30 Towel Folding with CNA's 7:00 Moonlight Hour	9:15 RISE 'N SHINE 18 10:30 Creative Baking 1:30 Coffee Hour & Jokes 2:30 Snacks, Hydration & Daily Chronicle 3:00 Manicure Monday 5:30 I Spy 7:00 Moonlight Hour	9:15 RISE 'N SHINE 19 10:00 Music Mayhem 1:30 Arts & Crafts 2:30 Snacks, Hydration & Daily Chronicle 3:00 Table Games 5:30 Card Sorting 7:00 Moonlight Hour	9:15 RISE 'N SHINE 20 10:00 Rachael's Restorative 1:30 What's Cooking 2:30 Snacks, Hydration & Daily Chronicle 3:00 Five Senses 5:30 Ball Toss with CNA's 7:00 Moonlight Hour Wear Purple!	9:15 RISE 'N SHINE 21 10:00 Uke 'n Me 1:30 Happy Hour 'n Trivia 2:30 Snacks, Hydration & Daily Chronicle 3:00 Apple "Bobbing" 5:30 Sensory Bins 7:00 Moonlight Hour Happy 82nd Birthday Dr. Carter Theme Thursday!	9:15 RISE 'N SHINE 22 10:00 Sit 'n Fit/Chair Zumba 1:30 Fun with Science 2:30 Snacks, Hydration & Daily Chronicle 3:00 Quiet Time 5:30 Night at the Theater 7:00 Moonlight Hour Happy 94th Birthday Marilyn Brhel	9:15 RISE 'N SHINE 23 10:00 Bookworms Club 1:30 Mind, Body & Soul 2:30 Snacks, Hydration & Daily Chronicle 3:00 Ball Toss 5:30 Floats & Sing-A-Long 7:00 Moonlight Hour					
9:15 RISE 'N SHINE 24 10:00 Hymns & Worship 1:30 Quiet Time 2:30 Snacks, Hydration & Daily Chronicle 3:00 Color Sorting 5:30 Towel Folding with CNA's 7:00 Moonlight Hour	9:15 RISE 'N SHINE 25 10:00 Coffee Hour & Jokes 1:30 Creative Baking 2:30 Snacks, Hydration & Daily Chronicle 3:00 Manicure Monday 5:30 Balloon Swat with CNA's 7:00 Moonlight Hour	9:15 RISE 'N SHINE 26 10:00 Music Mayhem 1:30 Arts & Crafts 2:30 Snacks, Hydration & Daily Chronicle 3:00 Table Games 5:30 Color Sorting 7:00 Moonlight Hour	9:15 RISE 'N SHINE 27 10:00 Rachael's Restorative 1:30 What's Cooking 2:30 Snacks, Hydration & Daily Chronicle 3:00 Five Senses 5:30 Ball Toss with CNA's 7:00 Moonlight Hour Wear Purple!	9:15 RISE 'N SHINE 28 10:00 Apple "Bobbing" 1:30 Happy Hour 'n Trivia 2:30 Snacks, Hydration & Daily Chronicle 3:00 Bowling 5:30 Sensory Bins 7:00 Moonlight Hour Thanksgiving Day Theme Thursday!	9:15 RISE 'N SHINE 29 10:00 Sit 'n Fit/Chair Zumba 1:30 Fun with Science 2:30 Snacks, Hydration & Daily Chronicle 3:00 Quiet Time 5:30 Night at the Theater 7:00 Moonlight Hour	9:15 RISE 'N SHINE 30 10:00 Bookworms Club 1:30 Mind, Body & Soul 2:30 Snacks, Hydration & Daily Chronicle 3:00 Ball Toss 5:30 Floats & Sing-A-Long 7:00 Moonlight Hour					

***Please Note: Activities subject to change. Everyone is welcome to participate in Special Days! Staff are encouraged to participate to help brighten the resident's experience!**