

# September

HOURS

Lunch 11:30am - 12:30pm  
Supper 4:30 - 5:30pm

Meals \$8

All meals are  
subject to change

☐ LUNCH  
☐ SUPPER

|        | MONDAY                                                                                                             | TUESDAY                                                                                                                      | WEDNESDAY                                                                                                                 | THURSDAY                                                                                                          | FRIDAY                                                                                                                   | SATURDAY                                                                                                            |
|--------|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
|        | BBQ Pulled Pork<br>Baked Macaroni & Cheese<br>Baked Beans<br>Fresh Strawberry Shortcake<br><b>1</b>                | Kielbasa · Peppers and Onions · Key West Blend Vegetables · Dinner Roll<br>Cherry Crisp<br><b>2</b>                          | Roast Beef Sandwich<br>Mashed Potatoes & Gravy<br>Spinach & Onion · Apricots<br>Rocky Road Brownie<br><b>3</b>            | Honey Glazed Ham<br>Sweet Potato Wedges<br>Roasted Cauliflower<br>Iced Banana Bar<br><b>4</b>                     | Honey Dijon Garlic Salmon · Garden Blend Rice · Seasoned Yellow Squash Roll · Lemon Cheesecake Bar<br><b>5</b>           | Lasagna with Italian Sausage · Sicilian Blend Veg<br>Garlic Toast · Garden Salad<br>Caramel Pears<br><b>6</b>       |
|        | Italian Cold Cut Sub<br>Italian Pasta Salad<br>Vegetables with Ranch Dip<br>Watermelon · Ice Cream                 | Beef Pot Pie<br>Riviera Blend Vegetables<br>Honeydew<br>Sugar Cookies                                                        | Stuffed Pepper Soup<br>Crispy Chicken Strip Salad<br>Breadstick · Cantaloupe<br>Frosted Cake                              | Hamburger or Cheeseburger<br>Seasoned French Fries<br>Peas & Carrots · Grapes<br>Pistachio Pudding                | Cheese Pizza<br>Sausage Pizza<br>Garden Salad<br>Ice Cream                                                               | Creamed Turkey over Biscuit<br>Roasted Brussels Sprouts<br>Chocolate Peanut Butter Bars                             |
| SUNDAY |                                                                                                                    |                                                                                                                              |                                                                                                                           |                                                                                                                   |                                                                                                                          |                                                                                                                     |
|        | Beef Pot Roast Mashed Potatoes · Gravy · Roasted Baby Carrots & Onions<br>Bread · Chocolate Cream Pie<br><b>7</b>  | Pork Chop · Gravy · Roasted Sweet Potatoes, Root Veg, and Kale · Peas with Sautéed Onions · Roll · Peach Parfait<br><b>8</b> | Honey Garlic Chicken Thighs · Rice Pilaf<br>Buttered Roll · Mixed Fruit Cup with Whipped Topping<br><b>9</b>              | Beef Stroganoff Over Noodles · Cheesy Spinach Bread · Mandarin Oranges<br>Pineapple Upside Down Cake<br><b>10</b> | Penne Italian Sausage Bake · Sicilian Blend Veg<br>Garlic Toast · Garden Salad<br>Snickerdoodle Blondie Bar<br><b>11</b> | Roasted Pork Loin<br>Dijonnaise · O'Brien Potatoes · California Blend Veg<br>Frosted Gelatin Poke Cake<br><b>12</b> |
|        | Vegetable Soup<br>Ham Salad<br>Garden Salad Sandwich<br>Ice Cream Sandwich                                         | Garden Quiche<br>Scalloped Tomatoes<br>Applesauce<br>Strawberry Muffin                                                       | Philly Cheesesteak Sandwich w/Onions & Peppers · Ranch<br>Roasted Potatoes Cascade Veg<br>Blend Oreo Cookie Dessert       | Corn Dog Nuggets<br>Seasoned Steak Fries<br>Mixed Vegetables · Coleslaw<br>Lemon Pudding                          | Chicken Breast Sandwich<br>Tater Tots Green Beans<br>Marinated Cucumber & Onions<br>Creamy Orange Cake                   | Taco Soup<br>Cascade Vegetable Blend<br>Watermelon · Roll<br>Cookies                                                |
|        | Meatloaf with Glaze<br>Mashed Potatoes · Gravy<br>Carrots · Fresh Baked Bread<br>Strawberry Pie<br><b>14</b>       | Paprika Spiced Turkey Breast · Roasted Sweet Potatoes Mixed Veg · Honey Roll · Blonde Brownie<br><b>15</b>                   | Herb Roasted Pork Loin<br>Mashed Potatoes · Gravy<br>Steamed Broccoli · Roll<br>Lemon Bar<br><b>16</b>                    | Swedish Meatballs<br>Buttered Egg Noodles<br>Key West Blend Veg · Bread<br>Fudge Oatmeal Bar<br><b>17</b>         | Garlic Roasted Chicken<br>Long Grain & Wild Rice<br>White Sauce · Normandy Blend Veg · Roll · Apple Crisp<br><b>18</b>   | Lemon Pepper Cod Fillet<br>Baked Potato · California Blend Vegetables · Roll<br>Frosted Chocolate Cake<br><b>19</b> |
|        | Navy Bean and Ham Soup<br>Riviera Blend Vegetables<br>Cornbread · Layer Salad<br>Ice Cream Fudge Bar               | Sloppy Joe · Potato Chips<br>Malibu Blend Vegetables<br>Creamy Cucumber Salad<br>Peanut Butter Bar                           | Sausage Potato Soup<br>Chef's Salad<br>Breadstick<br>Angel Food Cake                                                      | Pork Tenderloin Sandwich<br>Onion Rings<br>Cascade Vegetable Blend<br>Peaches · Ambrosia                          | Broccoli Cheese Soup<br>Classic Deli Sandwich<br>Pea Salad<br>Rosy Pears                                                 | BBQ Pork Riblette<br>Tater Tots<br>Mixed Vegetables<br>Oatmeal Cookies                                              |
|        | Pork Loin · Mashed Potatoes · Pork Gravy<br>Scandinavian Veg · Cheese<br>Herb Biscuit Cherry Pie<br><b>21</b>      | Shrimp & Vegetable Pasta · Tomato Sauce<br>Roasted Fresh Vegetables<br>Bread · Lemon Cream Cake<br><b>22</b>                 | Smothered Pork Chop<br>Mashed Potatoes<br>Malibu Blend Vegetables<br>Roll · Pineapple Delight Cake<br><b>23</b>           | Chicken Teriyaki<br>Fried Rice · Oriental Veg<br>Vegetable Egg Roll<br>Mandarin Orange Cake<br><b>24</b>          | Honey Pot Roast<br>Roasted Potatoes<br>Seasoned Red Cabbage<br>Bread · Strawberry Cobbler<br><b>25</b>                   | Baked Ham · Scalloped Potatoes · Key West Blend Veg · Dinner Roll<br>Homemade Peach Crisp<br><b>26</b>              |
|        | Beef Horseshoe with Fries & Cheese Sauce · Mixed Vegetables · Watermelon Cream<br>Cheese Brownie Baked             | Potato Soup<br>Tuna Salad Sandwich<br>Ranch Vegetable Salad<br>Oreo Cookie Dessert                                           | Beef Steak Salad<br>Breadstick<br>Grapes<br>Sherbet                                                                       | BLT Sandwich Potato Chips<br>Broccoli<br>Salad Pears<br>Banana Pudding                                            | Beef Goulash Cascade<br>Vegetable Blend<br>Breadstick · Cantaloupe<br>Chocolate Chip Cookies                             | Crispy Ranch Chicken Wrap<br>Fresh Vegetables with Ranch Dip · Apricots<br>Ice Cream Fudge Bar                      |
|        | Pork Roast · Pork Gravy<br>Garden Blend Rice<br>Normandy Blend Vegetables<br>Bread · Banana Cream Pie<br><b>28</b> | Beef & Cheese Baked Spaghetti · Sicilian Blend Veg · Garlic Toast · Garden Salad · Italian Cream Cake<br><b>29</b>           | Country Fried Steak<br>Mashed Potatoes · Gravy<br>Seasoned Yellow Squash<br>Fruit Cocktail · Pudding Parfait<br><b>30</b> |                                                                                                                   |                                                                                                                          |                                                                                                                     |
|        | Classic Layer Salad<br>Ham & Cheese Sandwich<br>Corn Chowder<br>Honeydew Melon                                     | Fish Sandwich French Fries<br>Mixed Vegetables<br>Coleslaw<br>Peanut Butter Pie                                              | Beef Soft Tacos<br>Corn Chips · Confetti Corn<br>Mandarin Oranges<br>Frosted Brownie                                      |                                                                                                                   |                                                                                                                          |                                                                                                                     |