Sovember Health Center Activity Calendar

1:00 Room Chats 1:1 1:30 MTHS Playoff Game Livestream

10:00 Bingo

SATURDAY

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
1	1:00 Music Therapy w/ Kim 1:1 1:00 Veteran's Last Patrol Visit 1:45 Chair Exercises 2:15 Twisted Autumn Tree Daylight Saving Time Ends	10:00 Packing Snack Packs 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 PBS TV Day PBS Documentaries	10:00 Travelogue w/ Dan 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Wooden Fall Crafts * 3:00 Game Cart 6:30 River Valley Big Band ♪	9:30 Music Therapy w/ Kim*♪ SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services	10:00 Crosswords &Cappuccinos 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:00 Scenic Drive * 2:30 Pokeno 6:00 Cards w/ Hannah 7:00 Wicked Concert (NBC)CNS	9:30 Catholic Mass- SVC 10:00 Coffee & Praise 1:00 Room Chats 1:1 2:00 Fall Tea Party 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	10:00 Bingo 1:00 Room Chats 1:1 2:00 Crafts w/ GHMS Student Council	8
	J	9:00 Field Trip * Childers Eatery 10:00 Sticker by Numbers 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Rich Selquist ♪	10:00 Celebrating Our Veterans - SVC 1:00 Rachel's Fitness Class SL	6:00 Bingo	10:00 Let's Get Cooking w/ Mike Guentzel * 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:00 Field Trip* FOL Tour 3:00 Game Cart 6:00 Cards w/ Hannah	St. Mary's 7 th & 8 th Graders * 10:00 Devotion & Communion	9-2 Cookie Walk - SVC 10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Pumpkin 2:15 Sing-a-long Saturday	15
	1:45 Chair Exercises 2:15 Nuts About Nuts Day – Go Nuts Game	9:00 Field Trip * Bingo & Coloring at Little Oaks 10:00 Where in the World Day Geography game 1:00 Room Chats 1:1 2:00 WOOF Bingo	10:00 Resident Council 1:00 Rachel's Fitness Class SL 2:00 Monthly Birthday Party w/ Ukelele Duo ♪ 3:00 Game Cart 6:00 Cards w/ Hannah	9:30 Music Therapy w/ Kim*♪ 1:1 10:00 4th Grade Buddies SL 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Pastor Chris 6:00 Bingo	1:00 Rachel's Fitness Class SL 1:30 Turkey Trot – Stations throughout HC 3:00 Game Cart 6:00 Cards w/ Hannah	9:00 Sensory Engagement SL - 9:00 Field Trip*- Crittenton Center's Festival of Trees 10:00 Coffee & Praise w/ Pastor Chris 1:00 Room Chats 1:1 2:00 Afternoon of Pampering 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS		22
	6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Field Trip * Revive Coffee & Roasting Co. 10:00 The Great Turkey Escape 1:00 Room Chats 1:1 1:30 Chair Exercises 2:00 Ruth Bell's "Through a Mother's Eyes" – SVC 2:15 Sm Group/1:1 Prokofiev's Cinderella	1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Turkey Day Family Feud &	10:00 Bingo 1:00 Volunteer Visits		1:00 Room Chats 1:1	10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Pumpkin 2:15 Ken Hahn ♪	29

10:00 Willow Hill UMC – SVC 1:00 Music Therapy w/ Kim 1:1 1:45 Chair Exercises 2:15 Sundae Social &

Word Games

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All activities located in Activity Room unless otherwise noted ->

South Lounge (SL) Snyder Village Center (SVC) Music Programs (1) Room Visits and One-on One Visits (1:1) Central Nurse's Station (CNS) (*) Limited availability Mail Delivery M-Sa Traveling Activity Cart as time allows Room Visits and Small Groups offered as able Personal Check-Ins provided throughout the day SUBJECT TO CHANGE

