

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Health Center Activity Calendar

10:00 Willow Hill UMC SVC 4 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Hannah's Choice 5:30 Vesper's - Linda Richard Devotional SVC 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 5 10:00 Epiphany Facts & Trivia 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Snack Packs for St. Mary's 2:30 Game Cart	9:00 Sensory Engagement * 6 10:00 Travelogue w/ Dan 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Bean Day – Bean Art 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 7 9:30 Music Therapy w/ Kim* 7 SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Apostolic Christian 6:00 Bingo	9:00 Sensory Engagement * 8 10:00 Elvis Stained Glass Craft * 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "Blue Hawaii" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement SL 9 10:00 Devotion & Communion Time w/ Crossroads 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Kings in the Corner	10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Ken Hahn J
10:00 Willow Hill UMC SVC 11 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Let it Snow Day – Making Snow Experiment & Snowball Fight	9:00 Sensory Engagement * 12 10:00 Oatmeal Bar 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Bunco 2:30 Game Cart	9:00 Sensory Engagement * 13 10:00 Wheel of Fortune 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Woodworking Discussion w/ Keith Laible 2:30 Game Cart 6:30 Mike Cheeseman J SVC 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 14 9:30 Music Therapy w/ Kim* 14 SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Christian Union 6:00 Bingo	9:00 Sensory Engagement * 15 10:00 Let's Get Cooking w/ Mike 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "Eight Below" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement SL 16 9:00 Bridging Generations w/ St. Mary's 7 <sup>th</sup> & 8 <sup>th</sup> Graders * 10:00 Devotion & Communion Time w/ Crossroads 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Volstead Act (1919) Speakeasy-themed Happy Hour	10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Snowflake Day – Coffee Filter Craft
10:00 Willow Hill UMC SVC 18 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Sundae Social & Word Games 5:30 Vesper's - Linda Richard Devotional SVC 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 19 10:00 Ukulele Duo J 1:00 Small Group 1 <sup>st</sup> Intercollegiate Hockey Game – Hockey 1:30 Chair Exercises 2:15 MLK Trivia Bundle 2:30 Game Cart	9:00 Sensory Engagement * 20 10:00 Resident Council 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Rummy 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 21 9:30 Music Therapy w/ Kim* 21 SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Pastor Chris 6:00 Bingo	9:00 Sensory Engagement * 22 10:00 Craft with MTHS Key Club 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "My Penguin Friend" for Penguin Awareness Day 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement SL 23 9:00 Bridging Generations w/ St. Mary's 7 <sup>th</sup> & 8 <sup>th</sup> Graders * 10:00 Coffee & Praise 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 National Pie Day – Pie Social	10:00 Bingo 1:00 Room Chats 1:1 1:30 Pick a Snowflake 2:00 Craft w/ GHMS Student Council
10:00 Willow Hill UMC SVC 25 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 7/11  Activity Professional Week begins	9:00 Sensory Engagement * 26 10:00 Nat'l Geographic Day Geography Trivia 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Australia Day 2:30 Game Cart	9:00 Sensory Engagement * 27 10:00 Holocaust Memorial Day "One Survivor Remembers" 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:00 Mad Hatter Tea Party 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement * 28 9:30 Music Therapy w/ Kim* 28 SL 10:00 4 <sup>th</sup> Grade Buddies 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Crossroads Global Methodist 6:00 Bingo	9:00 Sensory Engagement * 29 10:00 Judy Ernst Accordion Duo 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "The Intern" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Sensory Engagement SL 30 10:00 Coffee & Praise 1:00 Room Chats 1:1 1:30 Small Groups Spare Day - Bowling 1:45 Chair Exercises 2:15 Farkle	10:00 Bingo 10:30 Campus Remembrance Service - SVC 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Pokeno
Australia Day (Observed)						All activities located in Activity Room unless otherwise noted → South Lounge (SL) Snyder Village Center (SVC) Music Programs (M) Room Visits/One-on-One Visits (1:1) Central Nurse's Station (CNS) Limited availability (*) Mail Delivery M-Sa Personal Check-Ins provided throughout the day <b>SUBJECT TO CHANGE</b>