

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Health Center Activity Calendar

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|---|---|--|---|---|--|---|
| 10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Hannah's Choice 5:30 Vesper's - Linda Richard Devotional SVC 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 10:00 Epiphany Facts & Trivia 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Snack Packs for St. Mary's 2:30 Game Cart | 9:00 Sensory Engagement * 10:00 Travelogue w/ Dan 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Bean Day – Bean Art 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Apostolic Christian 6:00 Bingo | 9:00 Sensory Engagement * 10:00 Elvis Stained Glass Craft * 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "Blue Hawaii" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement SL 10:00 Devotion & Communion Time w/ Crossroads 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Kings in the Corner | 10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Ken Hahn J |
| 10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Let it Snow Day – Making Snow Experiment & Snowball Fight | 9:00 Sensory Engagement * 10:00 Oatmeal Bar 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Bunco 2:30 Game Cart | 9:00 Sensory Engagement * 10:00 Wheel of Fortune 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Woodworking Discussion w/ Keith Laible 2:30 Game Cart 6:30 Mike Cheeseman J SVC 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Christian Union 6:00 Bingo | 9:00 Sensory Engagement * 10:00 Let's Get Cooking w/ Mike 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "Eight Below" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement SL 9:00 Bridging Generations w/ St. Mary's 7 th & 8 th Graders * 10:00 Devotion & Communion Time w/ Crossroads 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Volstead Act (1919) Speakeasy-themed Happy Hour | 10:00 Bingo 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Snowflake Day – Coffee Filter Craft |
| 10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 Sundae Social & Word Games 5:30 Vesper's - Linda Richard Devotional SVC 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 10:00 Ukulele Duo J 1:00 Small Group 1 st Intercollegiate Hockey Game – Hockey 1:30 Chair Exercises 2:15 MLK Trivia Bundle 2:30 Game Cart Martin Luther King Jr. Day | 9:00 Sensory Engagement * 10:00 Resident Council 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:15 Rummy 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* SL 10:00 Bingo 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Pastor Chris 6:00 Bingo | 9:00 Sensory Engagement * 10:00 Craft with MTHS Key Club 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "My Penguin Friend" for Penguin Awareness Day 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement SL 9:00 Bridging Generations w/ St. Mary's 7 th & 8 th Graders * 10:00 Coffee & Praise 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 National Pie Day – Pie Social | 10:00 Bingo 1:00 Room Chats 1:1 1:30 Pick a Snowflake 2:00 Craft w/ GHMS Student Council |
| 10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim 1:1 1:00 Room Chats 1:1 1:45 Chair Exercises 2:15 7/11 Activity Professional Week begins | 9:00 Sensory Engagement * 10:00 Nat'l Geographic Day Geography Trivia 1:00 Room Chats 1:1 1:30 Chair Exercises 2:15 Australia Day 2:30 Game Cart Australia Day (Observed) | 9:00 Sensory Engagement * 10:00 Holocaust Memorial Day "One Survivor Remembers" 1:00 Rachel's Fitness Class SL 1:30 Small Groups/1:1 2:00 Mad Hatter Tea Party 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* SL 10:00 4 th Grade Buddies 1:00 Volunteer Visits 1:30 Small Groups/1:1 2:30 Church Services - Crossroads Global Methodist 6:00 Bingo | 9:00 Sensory Engagement * 10:00 Judy Ernst Accordion Duo J 1:00 Rachel's Fitness Class SL 1:30 Thursday Theater "The Intern" 2:30 Game Cart 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS | 9:00 Sensory Engagement SL 10:00 Coffee & Praise 1:00 Room Chats 1:1 1:30 Small Groups Spare Day - Bowling 1:45 Chair Exercises 2:15 Farkle | 10:00 Bingo 10:30 Campus Remembrance Service - SVC 1:00 Room Chats 1:1 1:45 Pick a Snowflake 2:15 Pokeno |

All activities located in Activity Room unless otherwise noted →

South Lounge (SL)

Snyder Village Center (SVC)

Music Programs (J)

Room Visits/One-on-One Visits (1:1)

Central Nurse's Station (CNS)

Limited availability (*)

Mail Delivery M-Sa

Personal Check-Ins provided throughout the day

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