

January

RETIREMENT COMMUNITY

HOURS

Lunch 11:30am - 12:30pm
Supper 4:30 - 5:30pm

Meals \$9

All meals are
subject to change

☐ LUNCH

☐ SUPPER

For meal delivery, call ext. 100
by 11am. For weekend meal delivery,
call before the previous Friday.



Your place to call home

THURSDAY		FRIDAY		SATURDAY	
Roast Turkey with Gravy Stuffing · Black-Eyed Peas Green Beans · Roll · Cranberry Sauce · Snickerdoodle Bars	1	Herb Buttered Tilapia Parmesan Pasta Seasoned Veg · Hush Puppies Lemon Cream Cake	2	Autumn Apple Pork Loin Cheesy Grits · Collard Greens · Cheese Herb Biscuit Mississippi Mud Pie	3
Loaded Baked Potato Broccoli with Cheese Sauce Cottage Cheese · Fluffy Peanut Butter Pudding		Garden Salad Cheese Pizza Sausage Pizza Ice Cream		Chicken Pot Pie Key Largo Vegetables Fruit Cocktail Apple Crisp	
Braised Pork Roast · Gravy Roasted Red Potatoes Cauliflower Au Gratin Glazed Applesauce Cake	8	Salisbury Steak with Gravy Mashed Potatoes · Gravy Peaches · Green Beans Bread · Snickerdoodle Cookies	9	Cheese Tortellini with Alfredo Sauce · Sautéed Zucchini & Squash · Garlic Bread · Frosted Spice Cake	10
Club Sandwich Pasta Salad Ranch Vegetable Salad Cantaloupe		Chicken Soft Tacos Mexican Rice Buttered Corn Mexican Wedding Cake		Bratwurst Oven Roasted Potatoes California Blend Vegetables Applesauce · Ice Cream	
Beef Stroganoff over Noodles · Brussels Sprouts Fruit Cocktail · Bread Boston Cream Pie	15	Reuben Sandwich Steak Fries Normandy Blend Vegetables Autumn Fruit Crumble	16	Honey Glazed Ham Scalloped Potatoes Roasted Broccoli Frosted Marble Cake	17
Chili Dog Sweet Potato Fries Mixed Vegetables · Grapes Chocolate Chip Cookies		Beer Battered Cod O'Brien Potatoes Green Beans Pumpkin Bar		California Cobb Salad Breadstick Cantaloupe Sherbet	
Creamy Mushroom Chicken · Baked Potato Normandy Blend Veg · Roll Dices Pears · Cheesecake	22	Salmon · Long Grain and Wild Rice · Roasted Sweet Potatoes with Root Veg and Kale Bread · Glazed Lemon Cake	23	Swedish Meatballs Buttered Egg Noodles Corn · Roll Black Forest Cake	24
Polish Sausage Steak Fries · Malibu Blend Veg · Applesauce Coconut Cream Pie		Broccoli Cheese Soup Greek Salad Breadstick Snickerdoodle Cookies		BBQ Pork Riblette O'Brien Potatoes Green Beans Apricot Crumble	
Herbed Roasted Chicken Thigh · Baked Potato Malibu Blend Veg · Roll Cherry Cheesecake	29	Baked Cod with Dill and Lemon · Lemon Rice Pilaf · Roasted Butternut Squash · Roll · Lemon Bar	30	Beef Pot Roast · Carrots, Potatoes, and Onions Green Beans · Bread Coconut Cake	31
Ham Salad Sandwich Potato Chips Pea Salad Sherbet		Lasagna Roasted Broccoli Garden Salad · Garlic Toast Chocolate Chip Cookies		Chicken Sandwich Fried Potatoes & Onions Capri Veg Blend · Grapes Ice Cream Fudge Bar	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Beef Pot Roast Mashed Potatoes · Gravy Honey Glazed Carrots Bread · Banana Cream Pie	Baked Chicken Breast Long Grain & Wild Rice White Sauce · Key Largo Veg Roll · Honey Bun Cake	Swiss Steak · Mashed Potatoes · Gravy Green Beans · Bread Caramel Brownie	Onion Sage Chicken Baked Sweet Potato Buttered Peas · Bread Pear Spice Upside Down Cake
Garden Salad Minestrone Soup Egg Salad Sandwich Sherbet	Philly Cheesesteak Sandwich with Onions and Peppers Potato Wedges · Mixed Veg Oatmeal Cookies	Ham and Cheese Sandwich Macaroni Salad Broccoli Salad · Grapes Frosted Oreo Cake	Beef Chili Roasted Carrots Cornbread Ice Cream Sandwich
Country Fried Steak Mashed Potatoes Green Beans with Bacon & Onion · Lemon Cream Pie	Teriyaki Glazed Pork Loin Lemon Rice Pilaf Asian Vegetables · Mandarin Oranges · Apple Crisp	Shepherds Pie Key Largo Vegetables Bread Banana Cake	Chicken Breast · Broccoli and Cheese Rice Bake Roasted Carrots and Onions Roll · Hummingbird Cake
Garden Salad Beef Vegetable Soup Tuna Salad Sandwich Pistachio Pudding Cake	Chicken Tenders Mashed Potatoes · Gravy Buttered Corn Butterscotch Pudding	Penne Italian Sausage Bake Italian Vegetable Blend Cottage Cheese · Garlic Toast Sugar Cookies	Hamburger or Cheeseburger Fried Potatoes and Onions Seasoned Green Peas Frosted Brownie
Fried Chicken Mashed Potatoes · Gravy Green Beans · Coleslaw Biscuit · Apple Pie	Beef Ravioli with Sauce Italian Blend Vegetables Cottage Cheese · Breadstick Italian Cream Cake	Chicken Teriyaki Fried Rice · Asian Veg Vegetable Egg Roll Mandarin Orange Cake	Grilled Cheese Sandwich Tomato Soup Peaches Peanut Butter Crisp Rice Bar
Garden Salad Ham & Beans Steamed Carrots · Cornbread Brownie	Fish Sandwich French Fries · Coleslaw Mixed Veg · Caramel Apple Oatmeal Cookies	Sloppy Joe Homemade Chips · Ranch Dip Capri Veg Blend · Grapes Ice Cream	Mini Corn Dogs Sweet Potato Waffle Cut Fries Buttered Peas Chocolate Pudding
Baked Ham Au Gratin Potatoes Normandy Blend Veg · Bread Cherry Pie	Braised Beef Tips Baked Potato Key Largo Veg Roll · Carrot Cake	Brown Sugar Pork Chops Orzo with Vegetables Steamed Carrots · Applesauce Bread · Pumpkin Mousse	Southwestern Roasted Pork Loin · Gravy · Red Potatoes · Spinach Bake Bread Pudding with Caramel
Spinach Tortellini Soup Classic Deli Sandwich Ranch Vegetable Salad Banana Pudding	Garden Salad Chicken and Dumplings Roasted Brussels Sprouts Peanut Butter Cookies	Beef Soft Tacos · Corn Chips Roasted Corn and Black Beans Mandarin Oranges Churros	Roast Beef Sandwich Curly Fries Mixed Vegetables Ice Cream