

February

RETIREMENT COMMUNITY

For meal delivery, call ext. 100
by 11am. For weekend meal delivery,
call before the previous Friday.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meatloaf Mashed Potatoes with Gravy · Creamed Corn · Roll Chocolate Cream Pie 1	BBQ Pulled Pork Macaroni and Cheese 2 Baked Beans · Applesauce Caramel Apple Dump Cake	Chicken Tender Potato Bowl · Buttered Corn 3 Coleslaw · Biscuit Chocolate Chip Cookies	Pork Tenderloin on a Bun O'Brien Potatoes 4 Mixed Vegetables Banana Oatmeal Cookies	Roast Turkey · Gravy 5 Black-Eyed Peas · Stuffing Green Beans · Roll · Cranberry Sauce · Snickerdoodle Bars	Herb Buttered Tilapia 6 Parmesan Pasta Seasoned Veg Blend · Hush Puppies · Lemon Cream Cake	Autumn Apple Pork Loin 7 Cheesy Baked Grits Collard Greens · Cheese Herb Biscuit · Mississippi Mud Pie
Polish Sausage w/ Peppers and Onions · Italian Roasted Potatoes · Garlic Bread Stick Carnival Cookie	Chef's Salad Bread Cantaloupe Sherbet	Spaghetti & Meatballs Italian Blend Vegetables Garden Salad · Garlic Toast Angel Peach Dessert	Beef Stew Bread Rosy Pears Frosted Chocolate Cake	Loaded Baked Potato Broccoli with Cheese Sauce Cottage Cheese Fluffy Peanut Butter Pudding	Garden Salad Cheese Pizza Sausage Pizza Ice Cream	Chicken Pot Pie Key Largo Vegetables Fruit Cocktail Apple Crisp
Beef Pot Roast Mashed Potatoes · Gravy 8 Honey Glazed Carrots · Bread Banana Cream Pie	Onion Sage Chicken Baked Sweet Potato 9 Buttered Peas · Roll Pear Spice Upside Down Cake	Swiss Steak Mashed Potatoes Gravy 10 Green Beans · Bread Caramel Brownie	Cheese Tortellini with Alfredo Sauce · Sautéed 11 Zucchini & Squash · Garlic Bread · Frosted Spice Cake	Grilled Cheese Sandwich · Tomato Soup 12 Peaches Peanut Butter Crisp Rice Bar	Baked Chicken Breast White Sauce · Roasted Red Potatoes · Broccoli Bread · Red Velvet Cupcake 13	Brown Sugar Pork Chops 14 Orzo with Vegetables Key Largo Vegetables Glazed Applesauce Cake
Minestrone Soup Egg Salad Sandwich Garden Salad Sherbet	Philly Cheesesteak Sandwich w/ Onions & Peppers Potato Wedges · Mixed Veg Oatmeal Cookies	Ham & Cheese Sandwich Classic Macaroni Salad Broccoli Salad · Grapes Frosted Oreo Cake	Beef Chili Roasted Carrots Cornbread Ice Cream Sandwich	Chicken Fajita Soft Taco Mexican Rice Buttered Corn Mexican Wedding Cake	Club Sandwich Pasta Salad Ranch Vegetable Salad Cantaloupe · Applesauce	Bratwurst on Bun Oven Roasted Potatoes California Blend Vegetables Ice Cream
Country Fried Steak 15 Mashed Potatoes · Green Beans w/ Bacon & Onion Lemon Cream Pie	Teriyaki Glazed Pork Loin 16 Lemon Rice Pilaf Asian Vegetables · Mandarin Oranges · Apple Crisp	Shepherds Pie 17 Key Largo Vegetables Bread · Banana Cake with Cream Cheese Frosting	Reuben Sandwich 18 Steak Fries Normandy Blend Vegetables Autumn Fruit Crumble	Beef Stroganoff over 19 Noodles · Brussels Sprouts · Fruit Cocktail · Bread Boston Cream Pie	Hamburger or 20 Cheeseburger · French Fries · Seasoned Green Peas Frosted Brownie	Baked Honey Glazed 21 Ham · Scalloped Potatoes · Roasted Broccoli Frosted Marble Cake
Garden Salad Beef Vegetable Soup Tuna Salad Sandwich Pistachio Pudding Cake	Chicken Tenders Homemade Mashed Potatoes Gravy · Buttered Corn Butterscotch Pudding	Cottage Cheese Penne Italian Sausage Bake Italian Vegetable Blend Garlic Toast · Sugar Cookies	Baked Chicken Breast Broccoli & Cheese Rice Bake Roasted Carrots & Onions Roll · Hummingbird Cake	Chili Hot Dog on Bun Fried Potatoes & Onions Mixed Veg · Grapes Chocolate Chip Cookies	Beer Battered Cod O'Brien Potatoes Green Beans Pumpkin Bar	California Cobb Salad Bread Stick Cantaloupe Sherbet
Fried Chicken · Mashed 22 Potatoes with Gravy Coleslaw · Green Beans Biscuit · Apple Pie	Fish Sandwich 23 French Fries · Mixed Veg Caramel Apple Oatmeal Cookies	Chicken Teriyaki 24 Fried Rice · Asian Veg Vegetable Egg Roll Mandarin Orange Cake	Braised Pork Roast 25 Gravy · Roasted Red Potatoes · Cauliflower Au Gratin Glazed Applesauce Cake	Polish Sausage on Bun 26 Steak Fries Malibu Blend Vegetables Coconut Cream Pie	Salmon w/ Lemon & Parm 27 Long Grain & Wild Rice Roasted Sweet Potatoes, Root Veg & Kale · Bread · Lemon Cake	Swedish Meatballs 28 Buttered Egg Noodles Corn · Dinner Roll Black Forest Cake
Garden Salad Ham & Beans Steamed Carrots · Cornbread Brownie	Beef Ravioli with Sauce Italian Blend Vegetables Cottage Cheese · Bread Stick White Cake	Sloppy Joe on Bun Homemade Chips Ranch Dip · Capri Veg Blend Grapes · Ice Cream	Mini Corn Dogs Sweet Potato Waffle Cut Fries Buttered Peas Chocolate Pudding	Creamy Mushroom Chicken Baked Potato · Normandy Blend Vegetables · Diced Pears · Roll · Cheesecake	Broccoli Cheese Soup Greek Salad Bread Stick Snickerdoodle Cookie	BBQ Pork Riblette on Bun O'Brien Potatoes Green Beans Apricot Crumble

NO LUNCH MEAL will be
provided in the RC Bistro
on Friday, February 13.

HOURS

Lunch 11:30am - 12:30pm
Supper 4:30 - 5:30pm

Meals \$9

All meals are
subject to change

☐ LUNCH
☐ SUPPER

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