

# March

## RETIREMENT COMMUNITY

### HOURS

Lunch 11:30am - 12:30pm  
Supper 4:30 - 5:30pm

Meals \$9

All meals are subject to change

LUNCH

SUPPER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Southwestern Roasted Pork Loin · Au Gratin Potatoes · Normandy Blend Veg · Bread · Cherry Pie <b>1</b>	Roast Beef Sandwich Curly Fries Mixed Vegetables Ice Cream <b>2</b>	Brown Sugar Pork Chops Orzo with Veg · Steamed Baby Carrots · Applesauce · Bread · Peanut Butter Mousse <b>3</b>	Herbed Roasted Chicken Thigh · Potato Wedges Malibu Blend Veg · Roll Cherry Cheesecake <b>4</b>	Salisbury Steak with Gravy Mashed Potatoes · Gravy California Blend Veg · Bread Peach Pie <b>5</b>	Garlic Butter Cod Roasted Red Potatoes Spinach Bake · Cantaloupe Bread Pudding <b>6</b>	Beef Pot Roast Carrots, Potatoes, Onions Green Beans · Bread Coconut Cake <b>7</b>
Spinach Tortellini Soup Classic Deli Sandwich Ranch Vegetable Salad Banana Pudding	Chicken and Dumplings Roasted Brussel Sprouts Garden Salad Brownie	Beef Soft Tacos · Corn Chips Mandarin Oranges Roasted Corn & Black Beans Snickerdoodle Cookies	Braised Beef Tips Baked Potato Key Largo Vegetables Chocolate Pudding Poke Cake	Ham Salad Sandwich Potato Chips Pea Salad Sherbet	Vegetable Lasagna Roasted Broccoli Garden Salad · Garlic Toast Chocolate Chip Cookies	Chicken Sandwich Fried Potatoes & Onions Capri Veg Blend · Grapes Ice Cream Fudge Bar
Meatloaf · Mashed Potatoes with Gravy Creamed Corn · Roll Chocolate Cream Pie <b>8</b>	BBQ Pulled Pork Macaroni and Cheese Baked Beans Caramel Apple Dump Cake <b>9</b>	Chicken Tender Potato Bowl · Buttered Corn Coleslaw · Biscuit Chocolate Chip Cookies <b>10</b>	Pork Tenderloin on a Bun O'Brien Potatoes Mixed Vegetables Banana Oatmeal Cookies <b>11</b>	Roast Turkey with Gravy Herb Stuffing Green Beans · Dinner Roll Snickerdoodle Bars <b>12</b>	Herb Buttered Tilapia Parm Pasta · Seasoned Veg Blend · Hush Puppies Lemon Cream Cake <b>13</b>	Autumn Apple Pork Loin Roasted Red Potatoes Spinach · Cheese Herb Biscuit Mississippi Mud Pie <b>14</b>
Polish Sausage with Peppers and Onions · Italian Roasted Potatoes · Garlic Breadstick Carnival Cookies	Chef's Salad Bread Grapes Sherbet	Spaghetti & Meatballs Italian Blend Vegetables Garden Salad · Garlic Toast Angel Peach Dessert	Beef Stew Bread Rosy Pears Frosted Chocolate Cake	Loaded Baked Potato Broccoli with Cheese Sauce Cottage Cheese Cantaloupe	Cheese Pizza Sausage Pizza Chef Salad Ice Cream	Fruit Cocktail Chicken Pot Pie Key Largo Vegetables Apple Crisp
Beef Pot Roast Mashed Potatoes · Gravy Honey Glazed Carrots · Bread Banana Cream Pie <b>15</b>	Onion Sage Chicken Baked Sweet Potato Buttered Peas · Dinner Roll Pear Spice Upside Down Cake <b>16</b>	Reuben Sandwich Steak Fries Normandy Blend Vegetables Glazed Applesauce Cake <b>17</b>	Beef Chili Roasted Carrots Cornbread Cantaloupe <b>18</b>	Philly Cheesesteak Sandwich w/Onions & Peppers · Mixed Veg · Roasted Red Potatoes · Carnival Cookies <b>19</b>	Salmon with Lemon & Parmesan · Potato Wedges · Cauliflower AuGratin Red Velvet Cake <b>20</b>	Baked Chicken Breast White Sauce · Long Grain & Wild Rice Blend · Broccoli Bread · Frosted Spice Cake <b>21</b>
Garden Salad Minestrone Soup Egg Salad Sandwich Sherbet	Ham & Cheese Sandwich Classic Macaroni Salad Broccoli Salad · Grapes Frosted Oreo Cake	Swiss Steak Mashed Potatoes · Gravy Green Beans · Bread Coconut Cream Pie	Club Sandwich Corn Chips Ranch Vegetable Salad Ice Cream Sandwich	Chicken Fajita Soft Taco Mexican Rice Buttered Corn Mexican Wedding Cake	Cheese Tortellini with Alfredo Sauce · Sauteed Zucchini & Squash · Garlic Bread Caramel Brownie	Bratwurst on Bun · Oven Roasted Potatoes · California Blend Veg · Applesauce Ice Cream
Country Fried Steak Mashed Potatoes Green Beans with Bacon & Onion · Lemon Cream Pie <b>22</b>	Hamburger or Cheeseburger · French Fries · Capri Vegetable Blend Frosted Brownie <b>23</b>	Shepherds Pie Key Largo Vegetables Dinner Roll · Banana Cake with Cream Cheese Frosting <b>24</b>	Teriyaki Glazed Pork Loin · Lemon Rice Pilaf Stir Fry Vegetables · Mandarin Oranges · Apple Crisp <b>25</b>	Beef Stroganoff over Noodles · Brussels Sprouts · Roll · Fruit Cocktail Boston Cream Pie <b>26</b>	Fried Catfish Red Beans and Rice Collard Greens · Cornbread Glazed Lemon Cake <b>27</b>	Polish Sausage on Bun Roasted Potato Wedges · Garden Vegetables Cherry Dump Cake <b>28</b>
Garden Salad Beef Vegetable Soup Tuna Salad Sandwich Pistachio Pudding Cake	Chicken Tenders Mashed Potatoes · Gravy Buttered Corn Ice Cream Fudge Bar	Penne Italian Sausage Bake Italian Vegetable Blend Cottage Cheese Garlic Toast Sugar Cookies	Baked Chicken Breast Broccoli & Cheese Rice Bake Roasted Carrots & Onions · Roll Hummingbird Cake	Chili Dog Fried Potatoes & Onions Mixed Vegetables · Grapes Chocolate Chip Cookies	Beer Battered Cod O'Brien Potatoes Seasoned Green Peas Butterscotch Pudding	California Cobb Salad Breadstick Cantaloupe Sherbet
Fried Chicken · Mashed Potatoes and Gravy · Green Beans · Coleslaw · Biscuit Apple Pie <b>29</b>	Monte Cristo Sandwich Waffle Fries Buttered Peas Chocolate Pudding <b>30</b>	Chicken Teriyaki Fried Rice · Asian Veg Vegetable Egg Roll Mandarin Orange Cake <b>31</b>				
Ham & Beans Steamed Carrots · Garden Salad · Cornbread · Caramel Apple Oatmeal Cookies	Beef Ravioli Italian Blend Vegetables Cottage Cheese · Breadstick White Cake	Sloppy Joe · Homemade Chips · Ranch Dip · Grapes Capri Vegetable Blend Ice Cream				

For meal delivery, call ext. 100 by 11am. For weekend meal delivery, call before the previous Friday.

