

Sept

Health
Center
Activity
Calendar

SUNDAY		MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim ♪ 1:1 1:15 Chair Exercises 1:45 Small Groups – Bowling League Day 2:15 Coloring Club		9:00 Sensory Engagement * 9:30 Deb's Story Time 10:00 Labor Day Presentation 1:15 Chair Exercises 1:45 Small Groups – Would You Rather 2:15 Name That Tune - Labor Day Ed.		1:15 Rachel's Fitness Class WV 1:45 Small Groups – Welcome to September 2:15 Blackjack & Dirty Sodas 3:30 Music Tune Tuesday 6:00 Bingo	10:00 Bingo 1:00 Volunteer Visits 1:15 Chair Exercises 1:45 Small Groups – Rock & Roll Hall of Fame 2:30 Wednesday Worship - Apostolic Christian	1:15 Rachel's Fitness Class WV 1:30 Thursday Theater - SVC "9-5" 3:30 Through the Decades Thurs. 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	10:00 The Chosen "Intensity in Tent City" 1:15 Chair Exercises 1:45 HC Book Club Meeting 2:15 Kings in the Corner 6:00 Speed Bingo 7:00 Livestream MTHS Football CNS	1:45 Small Groups – Happy Birthday, Beetle Bailey 2:15 Nat'l Tailgating Day – cornhole, football toss, Wear Your Team's colors
10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim ♪ 1:1 1:15 Chair Exercises 1:45 Small Groups – Hershey's Day 2:15 Grandparents' Day Celebration "Grandparents are a family's greatest treasure, the founders of a loving legacy." 3:30 Cookbook Reminisce 6:00 Bonus Bingo – Pride NOT Prize 7:00 Tranquility Time CNS		9:00 Sensory Engagement * 9:15 Field Trip – PHS Tour "Warehouse Tour" 9:30 Deb's Story Time 10:00 Grandma's Kitchen - Pop Tarts 1:15 Chair Exercises 1:45 Small Groups – Line Dancing RM 2:15 Gnome Craft for Mushroom Monday		9:00 Sensory Engagement * 10:00 Gerry Seely ♪ 1:15 Rachel's Fitness Class WV 1:45 Small Groups - Top 10 2:15 Apple Bar 3:30 Music Tune Tuesday 6:00 Bingo	9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* ♪ TBA 10:00 Bingo 1:00 Volunteer Visits 1:15 Chair Exercises 1:45 Small Groups – 9/9 2:30 Wednesday Worship - Christian Union	9:00 Sensory Engagement * 10:00 Coffee with a Cop Metamora Police Department 1:15 Rachel's Fitness Class TBA 1:45 Thursday Theater – "Lassie" in obs. of Lassie's Day (1954-1971) 3:30 Through the Decades Thurs. 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Bridging Generations w/ St. Mary's* 9:30 Deb's Story Time 10:00 Devotion & Communion Time w/ Crossroads 10:30 25 th Anniversary of 9-11 1:15 Chair Exercises 1:45 HC Book Club Meeting 2:15 Afternoon of Pampering 3:30 Fine Arts Friday 6:00 Speed Bingo 7:00 Livestream MTHS Football CNS	10:00 Bingo 1:15 Pick a Sunflower Exercises 1:45 Small Groups – Monkeying Around Day 2:15 Video Games Day 11-3 Village Days – Family participation required SV Auction Kickoff, Village Market, Bouncy House, live band, & Pork Chop lunch. Located in rear parking lot/SVC
10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim ♪ 1:1 1:15 Chair Exercises 1:45 Small Groups – Hershey's Day 2:15 Grandparents' Day Celebration "Grandparents are a family's greatest treasure, the founders of a loving legacy." 3:30 Cookbook Reminisce 6:00 Bonus Bingo – Pride NOT Prize 7:00 Tranquility Time CNS		9:00 Sensory Engagement * 9:15 Field Trip – PHS Tour "Warehouse Tour" 9:30 Deb's Story Time 10:00 Grandma's Kitchen - Pop Tarts 1:15 Chair Exercises 1:45 Small Groups – Line Dancing RM 2:15 Gnome Craft for Mushroom Monday		9:00 Sensory Engagement * 10:00 Resident Council 1:15 Rachel's Fitness Class WV 1:45 Small Groups- Dot Day 2:15 Quarterly Birthday Party w/ Willow Hills Ladies Club 3:30 Music Tune Tuesday 6:00 Bingo	9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* ♪ TBA 10:00 Bingo 11:30 Dining IN Club*– Cinco de Mayo Mexican Independence Day 1:00 Volunteer Visits 1:15 Chair Exercises 1:45 Small Groups - Guacamole Day 2:30 Wednesday Worship - Pastor Chris 6:00 Community Bingo Night - SVC	9:00 Sensory Engagement * 10:00 Happy Husbands ♪ 1:15 Rachel's Fitness Class TBA 1:45 Thursday Theater – "The Secret Life of Hummingbirds" 3:30 Through the Decades Thurs. 6:00 Cards w/ Hannah 7:00 Tranquility Time CNS	9:00 Bridging Generations w/ St. Mary's* 9:30 Deb's Story Time 10:00 The Chosen "Ears to Hear" 1:15 HC Book Club Meeting 2:00 AL Talent Show SVC	10:00 Bingo 1:15 Pick a Sunflower Exercises 1:45 Small Groups – Johnny Appleseed Day 2:15 Ken Hahn ♪
10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim ♪ 1:1 1:15 Chair Exercises 1:45 Small Groups – Hershey's Day 2:15 Grandparents' Day Celebration "Grandparents are a family's greatest treasure, the founders of a loving legacy." 3:30 Cookbook Reminisce 6:00 Bonus Bingo – Pride NOT Prize 7:00 Tranquility Time CNS		9:00 Sensory Engagement * 9:30 Field Trip – Bingo & Coloring w/ Little Oaks 9:30 Deb's Story Time 10:00 Chips 1:15 Chair Exercises 1:45 Small Groups - Deaf Awareness Week begins – Sign Language class 2:15 Last Day of Summer Social		9:00 Sensory Engagement * 10:00 Octoberfest Cooking w/ Mike 1:15 Rachel's Fitness Class WV 1:45 Small Groups – Checkers Day 2:15 Animal Crackers* – Elephants Elephant Appreciation Day 3:30 Music Tune Tuesday 6:00 Bingo	9:00 Sensory Engagement * 9:45 Lowpoint-Washburn 4th Grade Buddies 1:00 Volunteer Visits 1:15 Chair Exercises 1:45 Small Groups – Ray Charles Day 2:30 Wednesday Worship - Keith Swartzentruber	9:00 Sensory Engagement * 10:00 Fall Door Décor Craft 1:15 Rachel's Fitness Class TBA 1:45 Thursday Theater – "Simon Birch" 3:30 Through the Decades Thurs. 6:00 Cards w/ Hannah 7:00 Community Heights Big Band – SVC ♪	9:00 Sensory Engagement * 9:30 Deb's Story Time 10:00 The Chosen "Sustenance" 1:15 Chair Exercises 1:45 Small Groups – One Hit Wonders 2:15 Mediterranean Coast Day 3:30 Fine Arts Friday 6:00 Speed Bingo 7:00 Livestream MTHS Football CNS	10:00 Bingo 1:15 Pick a Sunflower Exercises 1:45 Small Groups – Johnny Appleseed Day 2:15 Ken Hahn ♪
10:00 Willow Hill UMC SVC 1:00 Music Therapy w/ Kim ♪ 1:1 1:15 Chair Exercises 1:45 Small Groups – Caricatures 2:15 Ice Cream Social & Word Games 3:30 Cookbook Reminisce 6:00 Bonus Bingo – Pride NOT Prize 7:00 Tranquility Time CNS		9:00 Sensory Engagement * 9:30 Deb's Story Time 10:00 Snack Packs for St. Mary's 1:15 Chair Exercises 2:00 Central Illinois Banjo Club SVC. ♪		9:00 Sensory Engagement * 10:00 Teachers' Day 1:15 Rachel's Fitness Class WV 1:45 Small Groups- Family Feud 2:15 Affogatos for Coffee Day 3:30 Music Tune Tuesday 6:00 Bingo	9:00 Sensory Engagement * 9:30 Music Therapy w/ Kim* ♪ TBA 10:00 Bingo 1:00 Volunteer Visits 1:15 Chair Exercises 1:45 Small Groups – Frisbee Day 2:30 Wednesday Worship - Pastor Chris			

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All activities held in EV/Hall 4 Bistro unless otherwise noted.

