

August

For meal delivery, call ext. 105 by 11am.
For weekend meal delivery, call before the previous Friday.

RETIREMENT COMMUNITY

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
Country Fried Steak with Gravy · Mashed Potatoes Diced Peaches · Green Beans with Bacon · Lemon Cream Pie 2		Sloppy Joes Garlic Parmesan Fries Steamed Corn Cookies 3		Chicken Monterey Herbed Quinoa Brussels Sprouts with Bacon Roll · Rocky Road Brownie 4		Beef Stroganoff Egg Noodles in Gravy Seasoned Spinach Bread · Berry Crisp 5		Seasoned Pork Loin Mashed Potatoes & Gravy California Blend Veg · Breadstick Pineapple Upside-Down Cake 6		Herb Roasted Salmon Baked Potato Glazed Baby Carrots White Bread · Lemon Cookies 7		Cheese Tortellini Alfredo Sauce · Sicilian Veg Garlic Bread · Cottage Cheese Strawberry Blondies 1
BLT Sandwich Pan Fried Potatoes · Grapes Broccoli & Cauliflower Salad Ice Cream Sandwich		Garden Salad Broccoli Cheese Soup Ham Salad Sandwich Honeydew		Egg Salad on Croissant Creamy Pasta Salad Squash and Peppers Diced Pears		Loaded Turkey Bacon Sandwich Mediterranean Veg with Olives & Feta · English Pea Salad · Butterscotch Pudding		Beef Taco Soup Glazed Baby Carrots Roll · Canteloupe Cinnamon Ice Cream		Italian Deli Wrap · Potato Chips Marinated Cucumbers Cauliflower Pea Onion Salad Pistachio & Pineapple Salad		Chicken Breast Sandwich Home Fries Seasoned Green Peas Watermelon
Crispy Herb Chicken Mashed Potatoes & Gravy Seasoned Green Beans Coleslaw · Biscuit · Apple Pie 9		Spaghetti Meatballs Italian Vegetable Blend Cottage Cheese · Garlic Bread Frosted White Cake 10		Egg Muffin Sandwich Sausage Patty Hashbrowns Berry Greek Yogurt Parfait 11		Chicken Tenders Mashed Potatoes & Gravy Steamed Corn · Biscuit Chocolate Chip Cookies 12		Monte Cristo Steak Fries Capri Blend Veg · Watermelon Double Chocolate Cake 13		Fish & Chips Seasoned Green Peas Coleslaw Lemon Cake 14		BBQ Pork Ribs Macaroni & Cheese Baked Beans Cornbread Deviled Eggs · Watermelon 8
Chili Dog Home Fries Key West Vegetable Ice Cream Sandwich		Tuna Salad Sandwich Potato Chips Broccoli Salad · Grapes Fudge Ice Cream Bar		Grilled Ham Baked Sweet Potato Key West Blend Vegetables Roll · Cherry Pineapple Cream		Cold Cut Sandwich Potato Salad Marinated Vegetable Salad Fresh Cantaloupe		Beef Tips & Mushrooms in Gravy · Seasoned Egg Noodles Brussels Sprouts with Bacon Bread · Banana Pudding		Salisbury Steak & Gravy · Mashed Potatoes · Marinated Cucumbers California Blend Veg · Roll Angel Cake with Strawberries		Chicken Fajita Spanish Rice Fiesta Blend Vegetables Fresh Pineapple
Roast Turkey Mashed Potatoes & Gravy Green Bean Casserole Bread · Chocolate Cream Pie 16		Grilled Cheese Tomato Basil Soup Fruit Cocktail Peanut Butter Bar 17		Ham & Cheese Stromboli Garden Salad Italian Vegetable Blend Frosted Spice Cake 18		Pork Tenderloin · Sweet Potato · Waffle Fries · Steamed Corn · Watermelon · Blueberry Cream Cheese Pound Cake 19		Mongolian Beef Mashed Potatoes & Gravy Carrots Bread Pudding 20		Fried Catfish Fillet Red Beans & Rice Collard Greens · Cornbread Lemon Pudding Cake 21		BBQ Riblette Au Gratin Potatoes Steamed Corn · Honeydew Apple Crisp 15
Garden Salad Cheese Ravioli & Sauce Garden Mix Veg · Garlic Bread Coconut Cream Cheesecake		Swiss Steak Baked Potato California Blend Veg · Bread Butterscotch Pudding		Balsamic Herb Chicken Roasted Red Potatoes Seasoned Green Beans · Roll Oatmeal Cookies		Tater Tot Casserole Key West Blend Vegetables Pears · Biscuit Apricot Crisp		White Bean Turkey Chili Mixed Vegetables Caneloupe · Cornbread Peanut Butter Cookies		Maple Glazed Ham Scalloped Potatoes Garden Blend Vegetables Citrus Gelatin		Chicken & Wild Rice Soup Glazed Baby Carrots Peaches · Breadstick Raspberry Sherbet
Meatloaf & Gravy Mashed Potatoes Cream Style Corn · Bread Peach Pie 23		Roast Beef Sandwich Curly Fries Mixed Vegetables Vanilla Ice Cream 24		Pork Chop & Apples Rice Pilaf Carrots · Bread Earthquake Cake 25		Grilled Turkey Swiss on Rye · Roasted Red Potatoes · Garden Mix Veg Honeydew · Ice Box Dessert 26		Italian Sausage & Peppers Rosemary Potatoes Parmesan Broccoli Coconut Pudding 27		Baked Tilapia White & Wild Rice Blend Seasoned Spinach · Cheddar Garlic Biscuit · Lemon Bar 28		Meatball Sub Sandwich Steak Fries Italian Vegetable Blend Marbled Brownies 22
Ham & Swiss On Rye Ridged Potato Chips Pea & Onion Salad · Grapes Ice Cream Sandwich		Garden Salad Chicken & Dumplings Brussels Sprouts Brownie		Taco Stuffed Potato Garden Salad Roll · Pineapple Snickerdoodle Cookies		Beef Lasagna Sicilian Blend Vegetables Garlic Bread · Garden Salad Frosted White Cake		Ham & Cheese Sandwich Macaroni Salad · Canteloupe Marinated Vegetable Salad Frosted Orange Cake		Chicken Tenders · Coleslaw Mashed Potatoes & Gravy Seasoned Green Beans Poke Cake		Mushroom Chicken Rosemary Potatoes Capri Blend Veg · Roll Coconut Fruit Bar
BBQ Pork Sandwich Au Gratin Potatoes Baked Beans Cherry Crisp 30		Cuban Pork Sandwich Potato Wedges Blackeyed Pea Salad Apple Turnover 31										Hamburger · Steak Fries Capri Blend Vegetables Watermelon Chocolate Chip Cookies 29
Chef Salad Bowl Tuna Salad Sandwich Grapes Orange Sherbet		Garden Salad Chicken Salad Croissant Stuffed Pepper Soup Cantaloupe										Grilled Ham Glazed Sweet Potatoes Seasoned Green Peas Roll · Banana Split Dessert

HOURS

Lunch 11:30am - 12:30pm
Supper 4:30 - 5:30pm

Meals \$9

All meals are
subject to change

☐ LUNCH
☐ SUPPER

