

September

For meal delivery, call ext. 105 by 11am.
For weekend meal delivery, call before the previous Friday.

RETIREMENT COMMUNITY

 LUNCH

 SUPPER

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUNDAY						
MONDAY						
Country Fried Steak with Gravy · Mashed Potatoes Green Beans with Bacon Peaches · Lemon Cream Pie 6	BBQ Pork Ribs Macaroni & Cheese Baked Beans · Cornbread Watermelon 7	Sliced Turkey Breast Poultry Gravy · Baked Potato Seasoned Green Beans Coconut Cake 1	Mediterranean Chicken Mediterranean Orzo Squash Medley · Roll Banana Cake 2	Smothered Pork Chop Mashed Potatoes Garden Blend Veg · Bread Coconut Cream Pie 3	Lemon Pepper Cod Wild Rice Pilaf Dilled Baby Carrots · Biscuit Almond Cookies 4	Cheese Tortellini with Alfredo · Sicilian Blend Veg Garlic Bread · Cottage Cheese Strawberry Blondies 5
BLT Sandwich · Pan Fried Potatoes · Broccoli Salad Ranch Dressing · Grapes Vanilla Ice Cream Sandwich	Egg Salad on Croissant Creamy Pasta Salad Beet & Carrot Salad Chilled Diced Pears	Ham Salad · Garden Rotini Salad · California Veg Mix Ranch Dressing · Honeydew Pistachio Pudding	Soft Shell Beef Taco Corn Chips · Pineapple Corn & Black Bean Salad Snickerdoodle Cookies	Cheese Steak Sandwich O'Brien Potatoes Capri Blend Vegetables Blushing Pineapple	Cheese Pizza Sausage Pizza Garden Salad Ice Cream	Chicken Breast Sandwich Home Fries Seasoned Green Peas Watermelon
Crispy Herb Chicken Gravy · Mashed Potatoes Green Beans · Coleslaw Biscuit · Apple Pie 13	Spaghetti Meatballs Italian Vegetable Blend Garlic Bread · Cottage Cheese Frosted White Cake 14	Chicken Monterey Roasted Red Potatoes Brussels Sprouts with Bacon Roll · Rocky Road Brownie 8	Beef Stroganoff Egg Noodles in Gravy Seasoned Spinach · Bread Berry Crisp 9	Seasoned Pork Loin Mashed Potatoes & Gravy California Veg · Breadstick Pineapple Upside-Down Cake 10	Herb Roasted Salmon Baked Potato Franciscan Vegetable Blend Bread · Lemon Cookies 11	Sloppy Joe Garlic Parmesan French Fries · Steamed Corn Cookies 12
Chili Dog Home Fries Key West Blend Vegetables Ice Cream	Tuna Salad Sandwich Potato Chips Broccoli Salad · Grapes Fudge Ice Cream Bar	Ham Salad Broccoli Cheese Soup Garden Salad Honeydew	Loaded Turkey Bacon Sandwich Mediterranean Veg with Olives & Feta · English Pea Salad Butterscotch Pudding	Beef Taco Soup Glazed Baby Carrots Roll · Canteloupe Cinnamon Ice Cream	Italian Deli Wrap · Potato Chips Marinated Cucumbers Cauliflower Pea Onion Salad Pistachio & Pineapple Salad	Chicken Fajita Spanish Rice Fiesta Blend Vegetables Fresh Pineapple
Roast Turkey Mashed Potatoes & Gravy Seasoned Green Beans · Bread Chocolate Cream Pie 20	Grilled Cheese Sandwich Tomato Basil Soup Fruit Cocktail Peanut Butter Bar 21	Egg Muffin Sausage Patty Hashbrowns Berry Greek Yogurt Parfait 15	Chicken Tenders Mashed Potatoes & Gravy Steamed Corn · Biscuit Chocolate Chip Cookies 16	Monte Cristo Steak Fries · Capri Blend Vegetables · Watermelon Double Chocolate Cake 17	Fish & Chips Seasoned Green Peas Coleslaw Lemon Cake 18	BBQ Riblette Sandwich Au Gratin Potatoes Steamed Corn · Honeydew Apple Crisp 19
Cheese Ravioli & Sauce Garden Mix Vegetables Garden Salad · Garlic Bread Coconut Cream Cheesecake	Swiss Steak Baked Potato California Blend Veg · Bread Butterscotch Pudding	Grilled Ham Baked Sweet Potato Key West Blend Veg · Roll Cherry Pineapple Cream	Cold Cut Sandwich Potato Salad Marinated Vegetable Salad Cantaloupe	Beef Tips & Mushrooms in Gravy · Seasoned Egg Noodles Brussels Sprouts with Bacon Bread · Banana Pudding	Salisbury Steak & Gravy Mashed Potatoes · Cali Blend Veg · Roll · Marinated Cucumbers Angel Cake with Strawberries	Chicken & Wild Rice Soup Glazed Baby Carrots Breadstick · Peaches Raspberry Sherbet
Meatloaf & Gravy Mashed Potatoes Cream Style Corn · Bread Peach Pie 27	Roast Beef Sandwich Curly Fries Mixed Vegetables Ice Cream 28	Ham & Cheese Stromboli · Garden Salad Italian Vegetable Blend Frosted Spice Cake 22	Pork Fritter Sandwich Sweet Potato Waffle Fries Steamed Corn Watermelon 23	Mongolian Beef Mashed Potatoes & Gravy Carrots Bread Pudding 24	Fried Catfish Fillet Red Beans & Rice Collard Greens · Cornbread Lemon Pudding Cake 25	Meatball Sub Sandwich Steak Fries Italian Vegetable Blend Marbled Brownies 26
Ham & Swiss On Rye Ridged Potato Chips Pea & Onion Salad · Grapes Fudge Ice Cream Bar	Garden Salad Chicken & Dumplings Brussels Sprouts Brownie	Balsamic Herb Chicken Roasted Red Potatoes Key West Blend Veg · Roll Oatmeal Cookies	Tater Tot Casserole Seasoned Green Beans Pears · Biscuit Apricot Crisp	White Bean Turkey Chili Mixed Vegetables Cantaloupe · Cornbread Peanut Butter Cookies	Maple Glazed Ham Scalloped Potatoes Garden Blend Vegetables Citrus Gelatin	Mushroom Chicken Rosemary Potatoes Capri Blend Vegetables · Roll Coconut Fruit Bar
		Pork Chop & Apples Rice Pilaf Carrots · Bread Earthquake Cake 29	Grilled Turkey Swiss/Rye Roasted Red Potatoes Garden Mix Veg · Honeydew Ice Box Dessert 30			
		Taco Stuffed Potato Garden Salad Pineapple Roll Snickerdoodle Cookies	Beef Lasagna Garden Salad · Sicilian Blend Vegetables · Garlic Bread Frosted White Cake			

HOURS

Lunch 11:30am - 12:30pm
Supper 4:30 - 5:30pm

Meals \$9

All meals are
subject to change

